

Sacred Heart Catholic Church - Bellingham, WA.

Fourteenth Sunday in Ordinary Time

From last Sunday to Wednesday, over 140 young men ages 13-19 were at Quo Vadis Days discerning a vocation to the priesthood. Our readings this Sunday remind us of the importance of the call, *Ask the master of the harvest to send out laborers for his harvest.* When one has done this, one's *heart shall rejoice and your bodies flourish like the grass.*

Bishop Elizondo celebrated Mass and shared this story with the young men. Each Sunday, Theo preached at the town square about sin, repentance and the love of God. At first, people were interested because he preached with passion and conviction, but he spoke for a whole hour. At the beginning, he was able to assemble a good crowd, but as the weeks turned into months, the crowd got smaller and smaller. By the end of the second year, Theo was practically ignored by everyone as they went about their business. One Sunday, a woman came and asked, Theo, why do you continue to preach when everyone has practically ignored you? Theo replied, *I continue to preach for two reasons. One, if I stop preaching, my preaching not only did not convince them, it would mean that the people had prevailed over me. And two, the love of God in my soul compels me. Caritas enim Christ urget nos.* The love of Christ compels us! (2 Cor 5:14) The harvest is abundant, but the laborers are few. When we have been called to do the right thing, to perform the just act, to strive in virtue, to choose the life Christ has chosen for us, do we have the perseverance and conviction of Theo? *The seventy-two returned rejoicing.* Would you like to be counted among them? Fr. Qui-Thac Nguyen

Fr. Qui-Thac will be on vacation July 3rd-8th. No Mass July 6th, 7th, and 8th.

The Parish Office is closed Monday, July 5th for the July 4th weekend.



The total amount in pledges to Annual Catholic Appeal as of June 24, 2010 is \$71,350.00. The potential rebate is \$22,700.00.

During July and August, our Tuesday Adoration times will move to Friday. We will return to our Tuesday adoration schedule in the fall. If your schedule allows you to join us on Friday, you are welcome.

Retrouvaille of Seattle. Is your marriage tearing you apart? Retrouvaille, a Catholic Program, can help! For more information go to helpourmarriage.com. The next program begins July 9th-11th, 2010. Call 206-706-2608.

The Light Weigh. Would you like to learn how to eat the foods you enjoy while losing weight? Give God a chance and rediscover the freedom from food you had as a small child! A Light Weigh orientation meeting will be held at Assumption Pastoral Center, July 18th, at 6:30 p.m. Find out about the Light Weigh Bible Study, a 12 week video series. For more information you can go to Lightweigh.com.

Three-Day Ignatian Retreat. The Ignatian Spirituality Center will offer a first ever, open to the public Ignatian Retreat at the Palisades, at 2:00 p.m. Friday, July 30, until 2:00 p.m. Sunday, August 1st. The topic will be *On the Path of Ignatius: A Pilgrimage of the Heart.* There will be presentations by Fr. Frank Case, SJ, Carolyn Hickman and Fr. John Fuschs, SJ. This type of retreat includes opportunities for individual spiritual direction. Please contact the Ignatian Spirituality Center directly to register at www.ignatiancenter.org.

Prayer Shawl Ministry. During the month of July, the Prayer Shawl Group will meet on Tuesday, 1:30 p.m. at the home of Minnie Pollett, 4595 Lost Creek Lane, Bellingham.

Faith on Fire Catholic Youth and Family Conference-August 20-22. Come to the Faith on Fire Youth and Family Conference! Enjoy dynamic Catholic speakers, celebrate Mass, and attend the Saturday night live band concert. Guests include: Tim Staples, Catholic convert and radio evangelist; Sister Miriam James Heidland, high school volleyball coach; Steve Ray, a Catholic convert who has worked with EWTN; Angus McDonnell, youth minister and famed World Youth Day performer. Find brochures in the vestibule of the church or visit faithonfire-nwusa.org.



"That special power of loving that belongs to a woman is seen most clearly when she becomes a mother. Motherhood is the gift of God to women. How grateful we must be to God for this wonderful gift that brings such joy to the whole world, women and men alike! Yet we can destroy this gift of motherhood, especially by the evil of abortion, but also by thinking that other things like jobs, or positions are more important than loving, than giving oneself to others. No job, no plans, no possessions, no idea of "freedom" can take the place of love. So anything that destroys God's Gift of motherhood destroys His most precious gift to women—the ability to love as a woman." *Mother Teresa*

July 3 and July 4



Sunday July 4th		
8:30 a.m. Mass		Church
9:45 a.m. No Coffee Hour		
11.00 a.m. Mass		Church
1:00 p.m. Vietnamese Mass		Church
Monday July 5th Office Closed		
Tuesday July 6th		
1:30 p.m. Prayer Shawl Ministry	Minnie Pollett's Home	
6:00 p.m. No Mass		
Wednesday July 7th		
12:10 p.m. No Mass		
1:00 p.m. Prayer for the Catholic Church		Church
Thursday July 8th		
12:10 p.m. No Mass		
Friday July 9th		
11:15 a.m. Reconciliation		Church
12:10 p.m. Adoration		Church
5:55 p.m. Benediction		Church
6:00: p.m. Mass		Church
Saturday July 10th		
8:30 a.m. Mass		Chapel
1:00 p.m. Wedding		Church
3:30 p.m. Reconciliation		Church
5:00 p.m. Mass		Church
Sunday July 11th		
8:30 a.m. Mass		Church
9:45 a.m. Coffee Hour		Hall
11.00 a.m. Mass		Church
3:00 p.m. AGAPE		Parish Center

Mass Intentions

July 9 Wes Fry (Special Intention)

Weekly Readings

14th Sunday in Ordinary Time

July 4	Isa 66:10-14c; Ps 66:1-7,16,20; Gal 6:14-18; Lk 10:1-12, 17-20
July 5	Hos 2:16,17c-18,21-22; Mt 9:18-26
July 6	Hos:8:4-7,11-13; Mt 9:32-38
July 7	Hos 10:1-3,7-8,12; Mt 10:1-7
July 8	Hos 11:1-4,8c-9; Mt 10:7-15
July 9	Hos 14:2-10; Mt 10:16-23
July 10	Isa 6:1-8; Ps 93:1-2, 5; Mt 10:24-33

15th Sunday in Ordinary Time

July 11	Deut 30:10-14; Ps 69:14,17,30-31,33-34, 36,37; Col 1:15-20; Lk 10:25-37
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Faith Formation and Liturgy

The Meaning of the Folds of the American Flag

Below is the text that is recited by honor guards when folding the American flag at the funeral of America's heroes:

1. The first fold of our flag is a symbol of life.
2. The second fold is a symbol of our belief in the eternal life.
3. The third fold is made in honor and remembrance of the veteran departing our ranks who gave a portion of life for the defense of our country.
4. The fourth fold represents our weaker nature, for as American citizens trusting in God, it is to him we turn in times of peace as well as in times of war for his divine guidance.
5. The fifth fold is a tribute to our country, for in the words of Stephen Decatur, "Our country in dealing with other countries, may she always be right; but it is still our country, right or wrong."
6. The sixth fold is for where our hearts lie. It is with our heart that we pledge allegiance to the flag of the United States of America, and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.
7. The seventh fold is a tribute to our Armed Forces, for it is through the Armed Forces that we protect our country and our flag against all her enemies, whether they be found within or without the boundaries of our Republic.
8. The eighth fold is a tribute to the one who entered into the valley of the shadow of death, that we might see the light of day.
9. The ninth fold is a tribute to womanhood, for it has been through their faith, love, loyalty, and devotion that the character of the men and women who have made this country great have been molded.
10. The tenth fold is a tribute to father, for he too, has given his sons and daughters for the defense of our country since they were first born.
11. The eleventh fold, in the eyes of a Hebrew citizen, represents the lower portion of the seal of King David and King Solomon, and glorifies, in their eyes, the God of Abraham, Isaac, and Jacob.
12. The twelfth fold, in the eyes of a Christian citizen, represents an emblem of eternity and glorifies, in their eyes, God the Father, the Son and the Holy Spirit.

When the flag is completely folded, the stars are uppermost, reminding us of our national motto, "In God We Trust." *(Magnificat 7/10)*

Happy Fourth of July!

Sacred Heart's Stewardship Report June 26 & June 27

Ordinary Income

Envelopes (136)	\$ 6,637.00
Visitors	\$ 900.55
Children (2)	<u>\$ 3.13</u>
	\$ 7,540.68

Weekly budgeted need: \$8,232.00



St. Vincent de Paul	\$ 285.00
Building & Grounds	\$ 50.00
Assumption School Fund	\$ 45.00