

# Sacred Heart Catholic Church - Bellingham, WA.

## Thirteenth Sunday in Ordinary Time

The Gospel this weekend displays three types of disposition in regard to Jesus. One does not want to follow Jesus, another wants to follow but is challenged, and the third is confused between wanting and not wanting and comes up with excuses. The goal is to follow Jesus, and people have all sorts of struggles and obstacles. How do we discern the way?

The annual Priest Days take place in Ocean Shores. I decided to take a walk on the beach one day, and noticed how the waves were being formed, and how they broke. Waves are a good analogy to the tempests of my mind and heart at times. I much prefer my mind to be like the water at Lake Padden where it is still and is able to reflect the rays of the sun. What is the difference between the two bodies of water? The wind, senses, and desires; they are the culprit! How did I find a resolution to this dilemma?

I have been reading *The Fulfillment of All Desire: A Guidebook for the Journey to God based on the Wisdom of the Saints*, by Ralph Martin. He walked me through a number of great spiritual masters, like St. Francis De Sales, St. John of the Cross, St. Teresa of Avila, St. Bernard of Clairvaux, St. Therese of the Child Jesus, and St. Catherine of Siena, and their common advice of the stages of the spiritual life: purgative, illuminative, and unitive. Through all these techniques, what is one inspiration that stood out for me? They all chose Jesus as the one fulfillment of all their desires. Now I see. Jesus chooses those who choose Him. Jesus desires me when I truly desire Him. What are my secondary and tertiary desires that get in the way of the ultimate desire in Jesus? There's not enough room here to list them!

Fr. Qui-Thac Nguyen

### Changes to Mass Schedule

Fr. Qui-Thac is attending Quo Vadis Days, June 28-30. No Mass is scheduled for Tuesday, June 29. Mass on Wednesday is at 12:10 p.m.



### First Friday Adoration

First Friday Adoration starts Friday, July 2, at 1:00 p.m. and ends Saturday, July 3, 8:30 a.m. in the Winter Chapel.

**During July and August, our Tuesday Adoration times will move to Friday.** We will return to our Tuesday adoration schedule in the Fall. If your schedule allows you to join us on Friday, please feel welcome to join us!

**Peter's Pence Collection.** The donation from Sacred Heart to Peter's Pence is \$1,585.31. Thank you for your generosity.

**The Light Weigh.** Would you like to learn how to eat the foods you enjoy while losing weight? Give God a chance and rediscover the freedom from food you had as a small child! A Light Weigh orientation meeting will be held at Assumption Pastoral Center, July 18th, at 6:30 p.m. Find out about the Light Weigh Bible Study, a 12 week video series. For more information you can go to [Lightweigh.com](http://Lightweigh.com).

**Three Day Ignatian Retreat.** The Ignatian Spirituality Center will offer a first ever, open to the public Ignatian Retreat at the Palisades, 2:00 p.m. Friday, July 30-2:00 p.m. Sunday, August 1st. The topic will be On the Path of Ignatius: A Pilgrimage of the Heart. There will be presentations by Fr. Frank Case, SJ, Carolyn Hickman and Fr. John Fuschs, SJ. This type of retreat includes opportunities for individual spiritual direction. Please contact the Ignatian Spirituality Center directly to register at [www.ignatiancenter.org](http://www.ignatiancenter.org).

**Prayer Shawl Ministry.** During the month of June, the Prayer Shawl Group will meet on Tuesday, 1:30 p.m. at the home of Sheila Siebert, 2009 McKenzie Ave., Bellingham.

**Prayer Shawl Ministry.** During the month of July, the Prayer Shawl Group will meet on Tuesday, 1:30 p.m. at the home of Minnie Pollett, 4595 Lost Creek Lane, Bellingham.

**Retrouvaille of Seattle.** Is your marriage tearing you apart? Retrouvaille, a Catholic Program, can help! For more information go to [helpourmarriage.com](http://helpourmarriage.com). The next program begins July 9th-11th, 2010. Call 206-706-2608.

**Rachel's Corner.** If the emotional and spiritual wounds of abortion have been sapping your faith, virtue and joy from your life, enter a spiritual process for healing that will change your life. Come to a Rachel's Vineyard Retreat and find healing and peace for your soul. The next retreat is August 6-8, 2010. Call Valerie: 1-800-822-HOPE (4673).



In an interview on the topic of cloning, Pennsylvania Senator Arlen Specter was asked when life begins. He replied, "I have not found it helpful to get into the details." Remarked pro-life veteran Jean Garton. "How's that for a clever-sounding, slippery version of the old line: Don't confuse me with the facts?" *PHL, Scranton Chapter Newsletter*

# June 26 and June 27

<b>Sunday June 27th</b>		
8:30 a.m.	<b>Mass</b>	Church
9:45 a.m.	Coffee Hour	Hall
11:00 a.m.	<b>Mass</b>	Church
3:00 p.m.	AGAPE	Parish Center
<b>Monday June 28th</b>		
All Day	AGAPE	Parish Center
<b>Tuesday June 29th</b>		
All Day	AGAPE	Parish Center
1:30 p.m.	Prayer Shawl Ministry	Sheila Siebert's Home
6:00 p.m.	No Mass	
<b>Wednesday June 30th</b>		
All Day	AGAPE	Parish Center
12:10 p.m.	<b>Mass</b>	Church
1:00 p.m.	Prayer for the Catholic Church	Church
6:30 p.m.	S.J. Committee Mtg.	Twis's Office
<b>Thursday July 1st</b>		
All Day	AGAPE	Parish Center
11:15 a.m.	Reconciliation	Church
12:10 p.m.	<b>Mass</b>	Church
<b>Friday July 2nd</b>		
All Day	AGAPE	Parish Center
11:15 a.m.	Reconciliation	Church
12:10 p.m.	<b>First Friday Mass</b>	Church
1:00 p.m.	Adoration	Chapel
<b>Saturday July 3rd</b>		
8:20 a.m.	Benediction	Chapel
8:30 a.m.	<b>Mass</b>	Church
3:30 p.m.	Reconciliation	Church
5:00 p.m.	<b>Mass</b>	Church
<b>Sunday July 4th</b>		
8:30 a.m.	<b>Mass</b>	Church
9:45 a.m.	No Coffee Hour	
11:00 a.m.	<b>Mass</b>	Church
1:00 p.m.	Vietnamese Mass	Church

### Mass Intentions

June 30	John & Phyllis Bruggenkamp (+)
July 1	Roscoe Hatch (+)
July 2	Bud Sawdye (+)

### Weekly Readings

<b>13th Sunday in Ordinary Time</b>	
June 27	1Kgs 19:16b,19-21; Ps 16:1-2,5,7-11; Gal 5:1,13-18; Lk 9:51-62
June 28	Amos 2:6-10,13-16; Mt 8:18-22
June 29	Acts 12:1-11; Mt 16:13-19
June 30	Amos 5:14-15,21-24; Mt 8:28-34
July 1	Amos 7:10-17; Mt 9:1-8
July 2	Amos 8:4-6,9-12; Mt 9:9-13
July 3	Eph 2:19-22; Ps 117:1bc, 2; Jn 20:24-29
<b>14th Sunday in Ordinary Time</b>	
July 4	Isa 66:10-14c; Ps 66:1-7,16,20; Gal 6:14-18; Lk 10:1-12, 17-20

### Faith Formation and Liturgy

**CONGRATULATIONS and WELCOME to our newest member — Hamish Daniel Squires. Congratulations to parents Patrick and Eileen Squires.**

**CAST PROGRAM** During the summer Sacred Heart has long stewarded the Monday-night sandwich-making outreach activities that our Newman Catholic Campus Ministry students run throughout the school year. Thank you again, Betty Chapin, for helping out with the sign-ups for making and serving sandwiches to the homeless. Details and sign-ups are in the back of church, or give the office a call — 734-2850, Ext.6.

### Interested in Exploring the Catholic Faith?

Have questions or aren't sure? Or are you ready to start the process to become Catholic? Then call Twi McDonell at 734-2850, Ext. 6 to set up a meeting. The process is the Rite of Christian Initiation of Adults (RCIA). We will begin our Inquiry sessions on Tuesday nights from 7-8:30 p.m. beginning September 7th, in the Parish Library. Please feel free to join us!

### Looking to support the youth by purchasing a Car Wash ticket

(useable any time during the next 3 months ... only \$10/EA)? Contact Angus McDonell/Youth Minister — 360-920-8539. Check out the great activities of the Youth online at [www.sacredheartbellingham.org](http://www.sacredheartbellingham.org)

### Assumption School News

Congratulations to our Assumption alumni Eagle Scouts: Justin VonFeldt, Danny Gibson, Albert Goo, Jeffrey Finkbonner. These young men celebrated their Eagle Court of Honor, together with Loren Bates and Walter Hathaway, all former Pack 16 scouts.

Congratulations to teacher John Allen for his gift of over 30 years of dedicated service to our children. Thank you, John, and happy retirement!

Assumption Catholic School congratulates the following teachers for their years of service in the Archdiocese of Seattle:

- Susan Roland, 3rd grade teacher, 35 years
- Laurie Bills, Kindergarten teacher, 15 years
- Liberty Sponek, 2nd grade teacher, 15 years
- Lori Beshara, Preschool Instructional Aide, 10 years

**Summer Office Hours for the school are 8:00a.m.-3:00 p.m.**

### Sacred Heart's Stewardship Report

**June 19 & June 20**

#### Ordinary Income

Envelopes (148)	\$ 5,853.12
Visitors	\$ 676.15
Children (1)	<u>\$ 0.10</u>
	\$ 6,529.37

Weekly budgeted need: \$8,232.00



St. Vincent de Paul	\$ 425.00
Building & Grounds	\$ 22.00
Assumption School Fund	\$ 10.00