

# Sacred Heart Catholic Church - Bellingham, WA.

## Most Holy Trinity

I recently anointed an elderly woman who was dying of cancer. Her husband, overcome by grief, lay next to his wife holding her hand and staring blankly into space. There were pregnant pauses in his answers to my questions as if he had to jolt himself out of a trance each time. He finally agreed to celebrate the Sacrament of Anointing.

Since his wife was literally dying, I used a very specific prayer at the end: "Go forth from this world, O Christian soul, in the name of God, the Almighty Father who created you, in the name of Jesus Christ who redeemed you, and in the name of the Holy Spirit who sanctifies you." With these words, it became spiritually evident to me and the people in that room of their connection with these words at the beginning of the life of a Christian soul: "I baptize you in the name of the Father, and of the Son, and of the Holy Spirit."

In between these two extremes, the Trinity continues to make known His presence in our lives through these other Sacraments: Marriage, Holy Orders, Confirmation, Eucharist, and Penance. In the same way that an athlete performs well if he/she has trained well, a person dies well if that person has lived well. In what ways have I lived well the presence of the Trinity? In what ways can I improve the presence of the Trinity in my life?

Fr. Qui-Thac Nguyen

**The Parish Office is closed Monday, May 31 for Memorial Day. Office is also closed the morning of Wednesday, June 3rd.**

**Save the Date!** On Tuesday, June 8 at 7:00 p.m., in the Parish Hall, please join Fr. Qui-Thac and the Sacred Heart staff as we show our appreciation to you who continually give to our community by volunteering throughout the year. We will celebrate with a feast, live music and fun and games.



**Annual Catholic Appeal.** The Annual Catholic Appeal total is \$60,303. Total percentage of parishioners who have responded: 31%.

**The Pastoral Council** would like to thank the people who participated in the listening and brainstorming meeting on Monday, May 24th in the Parish Hall. We have many positive ideas to recommend to Fr. Qui-Thac.

**Food Bank Milk Money Program.** The Milk Money contribution total is \$1,117.48! Thanks to your generosity we have surpassed the goal. This will be the last weekend for our donations to this program for this year.

**Haiti, Children and Catholic Relief Services.** Before the earthquake, CRS Haiti provided food and support to more than 100 orphanages and child-care centers in Port-au-Prince and Les Cayes. In the weeks after the January earthquake, CRS brought food, water, hygiene kits, child-care materials and counseling support to affected centers. CRS protection teams established "child-safe spaces"—with large tents, recreational and educational materials, and trained staff and volunteers—in the sprawling urban settlements and tented cities. These spaces kept children active and safe while schools were closed. Over the last two weeks, an average of 1,075 children attended the 'child friendly' spaces each week. CRS teams are also registering unaccompanied children and helping with family reunification efforts. In the long term, on our behalf they will continue to support vulnerable children and families, especially orphans, unaccompanied minors and displaced people, to prevent child trafficking and dangerous border crossings. Thank you for your prayers and partnership in the work to help the Haitian people in their recovery.

**Stewardship of Talent.** Thank you Myron and Paula Wlaznak for so thoughtfully and eloquently challenging us to give our time and talent. Many of you responded and completed the stewardship of talent cards. For those of you who are prayerfully discerning your commitment, you may return the cards in the collection basket or to the Parish Office.

**Grounds Clean-up.** Don't the Sacred Heart grounds look wonderful? That is due to the simply marvelous volunteers who came last Saturday and worked their weed-pulling and planting magic. Thank you very much!!

**Marriage Encounter.** The next Marriage Encounter weekend is June 11-13 in Seattle. Call Kay or Mike Gougeon at 671-6955 for information.



Two days in American history that will live in infamy are December 7, 1941 and September 11, 2001. Another infamous date in which a war was launched, a war against the unborn is January 22, 1973. As we remember the countless men and women who have given their lives to defend us, let us pledge again to defend the right to life of the unborn and remember the more than 50 million nameless children who have died since 1973.

# May 29 and May 30

## Sunday May 30th

8:30 a.m.	<b>Mass</b>	Church
9:45 a.m.	RE & Fir Rec./Fir Comm.	Parish Center
9:45 a.m.	No Coffee Hour	
11.00 a.m.	<b>Mass</b>	Church

**Office Closed/Memorial Day**

## Monday May 31st

## Tuesday June 1st

12:10 p.m.	Adoration	Church
1:30 p.m.	Prayer Shawl Ministry	St. Nicholas
5:00 p.m.	Reconciliation	Church
6:00 p.m.	<b>Mass</b>	Church
6:30 p.m.	NCCM Thank You Dinner	Hall
7:00 p.m.	SHALOM Mom's Group	St. Nicholas
7:00 p.m.	Young Catholics	Parish Center

**Office Closed Wednesday Morning /Staff Meeting**

## Wednesday June 2nd

12:00 p.m.	<b>Liturgy of the Hours</b>	Church
7:00 p.m.	8:30 Choir Practice	Church

## Thursday June 3rd

11:15 a.m.	Reconciliation	Church
12:10 p.m.	<b>Mass</b>	Church

## Friday June 4th

11:15 a.m.	Reconciliation	Church
12:10 p.m.	<b>Mass</b>	Church
1:00 p.m.	Adoration	Winter Chapel
1:15 p.m.	First Friday Luncheon	Hall

## Saturday June 5th

8:20 a.m.	Benediction	Winter Chapel
8:30 a.m.	<b>Mass</b>	Church
3:30 p.m.	Reconciliation	Church
5:00 p.m.	<b>Mass</b>	Church

## Sunday June 6th

8:30 a.m.	<b>Mass</b>	Church
9:45 a.m.	Coffee Hour	Hall
11.00 a.m.	<b>Mass</b>	Church
1:00 p.m.	<b>Vietnamese Mass</b>	Church

### Mass Intentions

<b>Tuesday, June 1</b>	Stella Firos (+)
<b>Thursday, June 3</b>	Helen Fitzwater (Healing)
<b>Friday, June 4</b>	Gunther Jose Frank (+) and Sean Mansfield (+)

### Weekly Readings Most Holy Trinity

May 30	Proverbs 8:22-31; Romans 5:1-5; Jn 16:12-15
May 31	Zep 3:14-18a; Lk 1:39-56
June 1	2 Peter 3:12:15a,17-18; Mk 12:13-17
June 2	2 Tim 1:1-3,6-12; Mk 12:18-27
June 3	2 Tim 2:8-15; Mk 12:28-34
June 4	2 Tim 3:10-17; Mk 12:35-37
June 5	2 Tim 4:1-8 ; Ps 71:8-9,14-15b,16-17,22; Mk 12:38-44

### Most Holy Body And Blood of Christ

June 6	Genesis 14:18-20; Ps 110:1-4; 1 Cor 11:23-26; Lk 9:11b-17
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## Faith Formation and Liturgy

Baptismal Preparation Classes for parents of children under 6 years of age will be held, Sunday, June 13th from 12:30-4:30 p.m. Please contact Twi McDonell at 734-2850 x 6 to sign up.

Today is our Final Religious Education meeting between the Masses from 10:00-10:45. Games, prizes and even a friendly (but competitive!) tug of war game. With God's grace we hope to see SUN, smiles, sunglasses and your favorite ALLELUIAS!

A deep THANK YOU to our catechists. In each class, these men and women support parents' primary responsibility of passing on the faith. We thank Sarah and Joe Reyes, Renee Baranek, Janell Salomon, Claire Russell, Jim Karcher, Candice Rosenberg, and Melba Tso for their witness to and love of the Faith.

## Assumption School News

**360-733-6133**

**Let's go Fishing!!** Congratulations to Mrs. Campbell and Mrs. Chambers! Together they have been awarded a Fulcrum Grant for their innovative new unit, Fishing and Stream Health. The unit will be taught in fall 2010. This project is driven by Assumption Catholic School's SLE's: A person of integrity and an active global citizen who: practices stewardship for all of God's creation, works socially, environmentally, and politically for the common good.

This multi disciplinary fishing and stream health project addresses our students' needs to become safe ethical stewards of their personal health and local water sources. We believe teaching the skills of water safety, environmental ethics, the aquatic ecosystem, and taking our students outside to experience the environment with all their senses will inspire a greater ownership of God's creation and thus a desire to practice stewardship...." then let us allow them (children ) to love the earth before we ask them to save it." David Sobel

## Sacred Heart's Stewardship Report May 22 & May 23

### Ordinary Income

Envelopes (139)	\$ 6,507.00
Visitors	\$ 438.99
Children (1)	\$ 2.00
	\$ 6,947.99

Weekly budget needed: \$8,232.00

Holy Day \$ 55.00

St. Vincent de Paul \$ 140.00

Building & Grounds \$ 80.00

Assumption School \$ 65.00

