

Sacred Heart Catholic Church - Bellingham, WA.

Ascension of the Lord

Jesus ascends into heaven, but leaves the disciples (and us) his Holy Spirit. *Unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit.* John 12:24. The apparent leaving of Jesus from the earth is only a prelude to the coming of Jesus in a more intimate manner.

Prayer time is not always easy to come by. However, as they say, *where there's a will, there is a way.* I often listen to meditations on audio. On one of my drives back from Seattle, I was suddenly struck by the words of Thomas a Kempis from his book *The Imitation of Christ*: No man can live in public well, unless he prefers to remain obscure; no man can speak well, unless he prefers to remain silent; no man can prudently command, unless he learns to obey well; no man can rule well, unless he learns to be ruled. I believe that from this weekend's Gospel, another dictum can be added to the mix: no person can enjoy spiritual intimacy with God, unless the person prefers to give up physical intimacy.

Fr. Qui-Thac Nguyen

There is no Mass on Wednesday, May 19th.

Your gift to the Annual Catholic Appeal is greatly appreciated. Thank you to all who have responded to the needs of our Church in Western Washington through the 2010 Annual Catholic Appeal. Your gift, no matter the amount, can, will and is making a difference. It is not too late to return your pledge envelope; if you haven't already done so - please do it today. Thank you.

2010 NW Eucharistic Marian Conference is June 25-26, 2010, at St. Cecilia Catholic Church in Stanwood. Please join Fr. Donald Calloway, Gretchen Harris, Fr. Gary Sumpter, Fr. Qui-Thac Nguyen, Wayne Weible and Alan Ames. For information and to register go to www.mwemc.org.

Walk for Life Thank You. Kay Gougeon would like to thank all of the people who sponsored her on her Walk for Life. Kay was first overall and collected over \$5,000, bringing in more donations than anyone else.

WISH Meeting. The May meeting for the Women In Sacred Heart group will be a no-host lunch at the Olive Garden, at 12 noon on Wednesday, May 19. The topic for the meeting will be: *the direction for the future of the group.* Please RSVP to Hope Bloomfield, at 778-3059, no later than Monday, May 17.

Sacred Heart Catholic Church Altar Server Ministry seeks young Catholics to answer God's call to serve Him. If you are open to this call, please attend the upcoming New Server training session at Sacred Heart Church, Wednesday, May 26, at 6:30 p.m. Alternate times are available if these dates or times don't work for your family. Call Bridget or Zachary Adams for more information or with questions, 360-647-9579 or e-mail timbridget@gmail.com.

Prayer Vigil for Peace in the Middle East. Tuesday, May 18, from 5:30-6:00 p.m. This month's vigil will be held at Garden Street United Methodist Church, 1326 N. Garden St., Bellingham. 360-733-7440.

Meals for the Breeding Family. Parishioners Selloane and Michael Breeding are adopting their niece and three nephews from Lesotho, Africa. An effort is underway to help provide meal support to the family during this busy and stressful process. Pastor Carlo Furlan from Hillcrest Chapel is coordinating a calendar for meal deliveries to support to the Breedings as they settle in as a family. If you are able to provide a meal for Mike and Michelle between now and May 23rd and/or in July for the family of seven. Please contact Pastor Carlo directly at 733-8400 or e-mail cfurlan@hillcrestchapel.com. Thank you.

Rose Garden. Do you remember the history of the memorial Rose Garden located on the side of the rectory stairs. Please call Ruth at the Parish Office, 734-2850, if you can provide this historical information.

Food Bank Milk Money Program. Donations received so far \$180.93. Our goal is to raise \$750 during May for this worthwhile program. Thank You!



Mothers are closer to God the Creator than any other creature. God joins forces with mothers in performing this act of creating a human being. The angels have not been blessed with such a grace. Only a human mother is." Joseph Cardinal Mindszenty

May 15 and May 16

Ascension of the Lord

Sunday May 16th

8:30 a.m. Mass	Church
9:45 a.m. RE & Fir Rec./Fir Comm.	Parish Center
9:45 a.m. Coffee Hour	Hall
11:00 a.m. Mass	Church
1:00 p.m. Vietnamese Mass	Church
6:00 p.m. SALT	Upper Rm. Assumption P.C.

Monday May 17th

7:00 p.m. EDGE	Assumption Gym
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Tuesday May 18th

12:10 p.m. Adoration	Church
1:30 p.m. Prayer Shawl Ministry	St. Nicholas
5:00 p.m. Reconciliation	Church
6:00 p.m. Mass	Church
7:00 p.m. SHALOM Mom's Group	St. Nicholas
7:00 p.m. Young Catholics	Parish Center
7:00 p.m. Confirmation Rehearsal	Assumption Church
7:00 p.m. Mystagogia	Winter Chapel

Wednesday May 19th

12:10 p.m. No Mass	
7:00 p.m. 8:30 Choir Practice	Church
7:00 p.m. Confirmation	Assumption Church

Thursday May 20th

8:00 a.m. Finance Council Mtg.	Hall
10:00 a.m. Parish Nurse	St. Clare
11:15 a.m. Reconciliation	Church
12:10 p.m. Mass	Church
6:00 p.m. Pastoral Council Mtg.	Hall

Friday May 21st

5:00 p.m. Reconciliation	Church
6:00 p.m. Mass	Church

Saturday May 22nd

8:30 a.m. Mass	Winter Chapel
3:30 p.m. Reconciliation	Church
5:00 p.m. Mass	Church

Sunday May 23rd

8:30 a.m. Mass	Church
9:45 a.m. RE & Fir Rec./Fir Comm.	Parish Center
9:45 a.m. Coffee Hour	
11:00 a.m. Mass	Church

Faith Formation and Liturgy

Baptismal Preparation Classes for parents of children under 6 years of age will be held, Sunday, June 13th from 12:30-4:30 p.m. Please contact Twi McDonell at 734-2850 x 6 to sign up. Also, check out the information provided on the website: www.sacredheartbellingham.com, click the Faith Formation Button, and then click Infant Baptism.

Congratulations to the Zach and Cheri Mallahan on the occasion of the baptism of their son, Owen Dean Mallahan this weekend!

Confirmation will be Wednesday, May 19th, 7:00 p.m. at Assumption Catholic Church. Please keep our Confirmandi in your prayers.

Vacation Church School Registration. June 21-25, 9:00 a.m. to 12 p.m. for children 4th-6th grade. This year's theme is "Create". Registration forms and volunteer forms are in the entry of the church. The deadline to register is May 21st. Contact Jennifer Rick at 647-2374.

Assumption School News

Winners of the annual Knights of Columbus Pro-Life Essay Contest were named recently. Essays were submitted by 57 seventh and eighth graders at Assumption Catholic School. They wrote on this year's theme: "God's gift of life: What does it mean to me?"

Taking first place was Anna Yeend, an 8th grader. Her essay was sent on to Knights of Columbus state level for judging in the state-wide contest. Anna was awarded a \$25 prize by the Bellingham Council. The state winner will be announced at the May 14-16 state convention. Second place in the local contest went to Maura Schaefer, a 7th grader, who was given \$15. Third place went to Ally Bagely, and eighth grader who was given \$10.

Mass Intentions

Tuesday, May 18th	Joe Majkut (+)
Thursday, May 20th	Richard Edwards (Healing)
Friday, May 21st	Mary Lou Jones (+)

Weekly Readings

Ascension Of The Lord

May 16	Acts 1:1-11; Eph 1:17-23; Lk 24:46-53
May 17	Acts 19:1-8; Jn 16:29-33
May 18	Acts 20:17-27; Jn 17:1-11a
May 19	Acts 20:28-38; Jn 17:11b-19
May 20	Acts 22:30; 23:6-11; Jn 17:20-26
May 21	Acts 25:13b-21; Jn 21:15-19
May 22	Acts 28:16-20, 30-31; Ps 11:4-5,7; Jn 21:20-25

Pentecost

May 23	Acts 2:1-11; 1 Cor 12:3b-7, 12-13; Rom 8:8-17; Jn 20:19-23
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Sacred Heart's Stewardship Report May 8 & May 9



Ordinary Income

Envelopes (162)	\$	6,465.42
Visitors	\$	389.28
	\$	6,854.70

Weekly budget needed: \$8,232.00

St. Vincent de Paul	\$	565.00
Building & Grounds	\$	95.00
Assumption School	\$	45.00