

Sacred Heart Catholic Church - Bellingham, WA.

Fourth Sunday Of Lent

Watch your thoughts, they become words.
Watch your words, they become actions.
Watch your actions, they become habits.
Watch your habits, they become your character.
Watch your character, it becomes your destiny.

In the Gospel, the beginning of the prodigal son's return to the father began with these words: *coming to his senses he thought*. He rewrites his destiny as the destiny of death lies literally close to him, *he hired himself out to one of the local citizens who sent him to his farm to tend the swine*. He sold his soul and preoccupied his time to tending the swine, the animal that signifies sin. He traces himself back: bad destiny came from bad character, which came from bad habits, which came from bad actions, which came from bad words, which came from bad thoughts: separation from the father: *give me a share of your estate that should come to me*.

We do not need to wait until the whole drama becomes this close to our souls. Conversion can take place at any time. Begin with our thoughts; keep guard over them. Examine the sources of our thoughts. Where do they come from? What do I permit my eyes to see? What do I permit my ears to hear? What do I permit my hands to touch? What do I permit my nose to smell? What do I permit my tongue to taste? **Ad maiorem Dei gloriam!** Fr. Qui-Thac Nguyen

Scrutinies for our Elect are celebrated on March 14th at 8:30 a.m. Mass, and March 21st at the 11:00 a.m. Mass. See the Liturgy Corner for more information about these Rites.



Lenten Reconciliation Service
Church of the Assumption's Lenten
Reconciliation Service will be held
Thursday, March 18, at 7:00 p.m.

There will be no Reconciliation Service at
Sacred Heart.

Fr. Qui-Thac will be joining with the priests of the Northern Deanery to hear confessions at Church of the Assumption.



Polish Confessions, Mass and Potluck
Sunday March 21, 2010

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| Confessions | 4:00 p.m. Church |
| Mass | 5:00 p.m. Church |
| Potluck | 6:00 p.m. Hall |

Thank You for Prayers: We would like to take this opportunity to thank you for your prayers and support for our grandson, Liam. Needless to say, it has been a couple of very emotional weeks. Just knowing you are all praying gives us a real sense of peace and we certainly feel your prayers enveloping us. The "Power of Prayer" cannot be underestimated. May God bless you all. Deacon Larry & Barbara.

Operation Rice Bowl: The story of the prodigal son helps us refocus on the meaning of Lent. This is a time to change our ways, to turn back to God our Father, and to appreciate and share the gifts we have received. As we begin the second half of our journey with Catholic Relief Services' Operation Rice Bowl, we remember that we are called to be stewards of what God has given us, and we connect our prayers and fasting with our giving. It's not too late to pick up a Rice Bowl in the church entry.

Prayer Vigil for Peace: Please join us for the March 18th Prayer Vigil for Peace. We will pray for the Christian, Jewish, and Muslim communities in Jerusalem, for the Israelis and Palestinians, who are suffering in the Holy Land, and for peace in the Middle East and the world. This month's vigil is at United Church of Ferndale, WA.

WISH Meeting Wednesday, March 17, 10:15-11:45 a.m.

Please join with the Women In Sacred Heart as they meet for an enjoyable time of prayer and discernment, led by Nancy Fudge. Nancy has a wealth of experience focusing on prayer and the liturgy and it promises to be an interesting and enlightening session. All are welcome! Call Hope Bloomfield for further information: 778-3059.

Burst of Spring In the Garden of Hope: Interfaith Coalition 2010 Spring Auction, Saturday, March 20, 5:30 p.m. Lakeway Inn & Conference Center, Bellingham. Contact Bess Christman 734-6379 for tickets or information. Tickets are \$40 and include a sit-down dinner.

Pro-Life Prayer Vigil

Come and pray with us each month on the third Sunday from 2-3 p.m. at Whatcom County's abortion clinic: Mt. Baker Planned Parenthood (1530 Ellis St.). Our monthly vigil will be Sunday, March 21, rain or shine. Let us pray for an end to all abortions and healing for all women suffering from Post-Abortion Syndrome. For more information call Kathy St. Hilaire, 671-4836.

March 13 and March 14

Sunday March 14th

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| 8:30 a.m. | Mass | Church |
| 9:45 a.m. | No Coffee Hour | Parish Hall |
| 9:45 a.m. | RE & Fir. Rec./Fir. Comm. | Parish Center |
| 9:45 a.m. | RE Parent's Meeting | Fr.'s Office |
| 11:00 a.m. | Mass | Church |
| 4:00 p.m. | Suds & Spuds | Parish Hall |
| 6:00 p.m. | SALT | Upper Rm. Assumption P.C. |

Monday March 15th

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| 6:00 p.m. | Pastoral Council Mtg. | Parish Hall |
| 7:00 p.m. | EDGE | Assumption Gym |

Tuesday March 16th

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| 12:10 p.m. | Adoration | Church |
| 12:15 p.m. | Lectio Divina | Winter Chapel |
| 1:30 p.m. | Prayer Shawl Ministry | St. Nicholas |
| 5:00 p.m. | Reconciliation | Church |
| 6:00 p.m. | Mass | Church |
| 7:00 p.m. | Soup Supper | Parish Hall |
| 7:00 p.m. | RCIA | Winter Chapel |
| 7:30 p.m. | Lectio Divina | Parish Hall |

Wednesday March 17th

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| 10:15 a.m. | WISH | Parish Hall |
| 11:15 a.m. | Reconciliation | Church |
| 12:10 p.m. | Mass | Church |
| 6:30 p.m. | Social Justice Committee Mtg. | St. Nicholas |
| 7:00 p.m. | 8:30 Choir practice | Church |
| 7:00 p.m. | Confirmation Preparation | St. Augustine |

Thursday March 18th

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| 10:00 a.m. | Parish Nurse | St. Clare |
| 11:15 a.m. | Reconciliation | Church |
| 12:10 p.m. | Mass | Church |
| 7:00 p.m. | Assumption Reconciliation Service | |

Friday March 19th

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| 12:10 p.m. | Lenten Friday Adoration | Church |
| 5:00 p.m. | Reconciliation | Church |
| 5:45 p.m. | Benediction | Church |
| 6:00 p.m. | Mass | Church |
| 7:00 p.m. | Stations of the Cross | Church |

Saturday March 20th

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| 8:30 a.m. | Mass | Church |
| 3:30 p.m. | Reconciliation | Church |
| 5:00 p.m. | Mass | Church |

Sunday March 21st

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| 8:30 a.m. | Mass | Church |
| 9:45 a.m. | Coffee Hour | Parish Hall |
| 9:45 a.m. | RE & Fir. Rec./Fir. Comm. | Parish Center |
| 9:45 a.m. | F. Comm./F. Rec. Parent's Mtg. | Fr.'s Office |
| 11:00 a.m. | Mass | Church |
| 1:00 p.m. | Vietnamese Mass | Church |
| 6:00 p.m. | SALT | Upper Rm. Assumption P.C. |

Weekly Readings Fourth Sunday of Lent

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| March 14 | 1 Sm 16:1b, 6-7, 10-13a; Eph 5:8-14; Jn 9:1-41 |
| March 15 | Is 65:17-21, 10-22a; Jn 4:43-54 |
| March 16 | Ez 47:1-9,12; Jn 5:1-16 |
| March 17 | Is 49: 8-15; Jn 5:17-30 |
| March 18 | Ex 32:7-14; Jn 5:31-47 |
| March 19 | 2 Sm 7:4-5a, 12-14a,16; Mt 1:16,18-21, 24a |
| March 20 | Jer 11:18-20; Jn 7:40-53 |

Fifth Sunday of Lent

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| March 21 | Ez 37:12-14; Rom 8:8-11; Jn 11:1-45 |
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Faith Formation & Liturgy

There are 8 wonderful CDs located in the back of the church that will inspire and foster the faith. Please feel welcome to take one, listen to it, and then bring it back and swap it for another one! Topics: *Marriage & the Eucharist, Seven Secrets of the Eucharist, The Mass Explained, Confession, The Conversion of Scott Hahn, The Rosary, John Corapi's Amazing Story, and Healing and Holiness.*

The Scrutinies of the Elect, celebrated on the Third, Fourth, and Fifth Sundays of Lent are rites that are intended to "uncover, then heal what is weak, defective, or sinful in the hearts of the elect; to bring out, then strengthen all that is upright, strong, and good" (RCIA, 141). Following the homily, the elect and their godparents come forward, kneel or bow their heads, and all pray in silence "for some time" (RCIA, 152). Also included are the strong, upright, and good things that need strengthening in their hearts. Please join the whole community in lifting up our elect, Michelle Dehbod, Summer Hadfield, Tamara Rodden, Alex Sessoms and Julie Starnes.

Assumption School News

Tues., March 23-12-2 p.m. Pre-School Open House

"A Big Step for Small Children": Are you ready for your child to attend pre-school? This can be a big step for parents and children. You are invited to view our pre-school, meet our teachers, and check out how a quality, values-centered preschool can make this family transition a positive one. Children are encouraged to attend, we'll gather in the pre-school room. For more information about these events, or to schedule a personal tour, please contact Jennifer Rick at jrick@school.assumpiton.org or call the school at 733-6133.

Being Good Stewards includes recognizing God's gifts in every area of our lives and using these gifts responsibly, in love and justice—to ourselves as well as to others. The 'Twelve Gardens of Stewardship' is a concept which identifies twelve different areas of our everyday life in which we should be mindful of conducting ourselves within the will of God. During the school year (each month), our students will focus on one or more of these gardens. This month, our second grade students will focus on the Garden of the Soul.

Mass Intentions

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| March 9 | Margaret Rogerson (+) |
| March 11 | Margaret Morgan (+) |
| March 12 | Fr. Terence Wager (+) |

Sacred Heart's Stewardship Report March 6 & March 7



Ordinary Income

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| Envelopes (175) | \$ 10,509.00 |
| Visitors | \$ 1,534.05 |
| Children (2) | \$ 2.00 |
| | \$ 12,045.05 |

Weekly budget needed: \$8,232.00

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| St. Vincent de Paul | \$ 481.00 |
| Building & Grounds | \$ 129.00 |
| Assumption School | \$ 5.00 |