

Sacred Heart Catholic Church - Bellingham, WA.

Fourth Sunday In Ordinary Time

The Gospel this weekend is a continuation of last week when Jesus taught in the synagogue and proclaimed that the hopes of the people expressed in Isaiah are being fulfilled in Jesus himself. This dramatic, hopeful, and beautiful event ends in disaster: Jesus is in danger of the people throwing him over a cliff! What's going on? This is simply ridiculous. At the beginning of the Gospel passage, *all spoke highly of him and were amazed at the gracious words that came from his mouth*, but by the end, *when the people in the synagogue heard this (Jesus' teachings), they were all filled with fury*. This radical change seems impossible. Nevertheless, there are a few relationships in our lives that have followed this pattern including, but not limited to these: friendships we made in grade school, high school, and college, relationships as a young adult, even spousal relationships. Have we ever wondered what went wrong? Have we learned the lessons that are meant to be learned through them? Are we repeating them in our present relationship? Fr. Qui-Thac Nguyen

Tuesday, February 2nd is the Feast of the Presentation of the Lord (also called "Candlemas")

Please join us Tuesday, Feb. 2nd for the 6 pm Mass and bring candles from your home. We will have a candlelight procession and blessing of candles as we keep holy this feast. Following the liturgy, these candles are taken home for use in daily personal and family prayer.



Adoration of the Blessed Sacrament

Adoration of the Blessed Sacrament will begin Friday, February 5th after the 12:10 p.m. Mass, and will end with Benediction on Saturday, February 6th at 8:20 a.m. in the Winter Chapel. Mass will follow at 8:30 a.m. in the Church.

Super Bowl Party: The second annual **Super Bowl Party** will be held at Assumption Gym on Sunday, Feb. 7th, at 2:00 p.m. Watch the game on the big screen, enjoy good food, buy a chance on the pool. For more information, contact Joe St. Hilaire, 671-4836.

Catholic Advocacy Day is on Tuesday, Feb. 9th, from 9 a.m.-3 p.m. in Olympia, WA. To register: contact the Intercommunity Peace & Justice Center: ipjc@ipjc.org.

Parish Dinner and Dance: Mark your calendar for a Mardi Gras Parish Dinner and Dance on Friday, February 12th.

Carmelite Institute of Spirituality-Day of Recollection, Saturday, February 27th, 2010. Topic: Saint Edith Stein. Presenter: Fr. Ramiro Casale OCD. Location: 27008 78th Ave. NW, Stanwood, 10:00 a.m.-2:00 p.m. Suggested donation is \$15-20. Bring a sack lunch. Coffee and tea provided. Any questions, please call 360-629-4032.

Friendly Visitors: Friendly Visitors offer friendship to isolated seniors. Humans are social creatures, most of us are hardwired for friendship and close relationships. Studies prove our need for social connection and document the health consequences of loneliness. Interfaith Coalition's Friendly Visitors' program offers compassionate volunteers the opportunity to make a difference in the lives of isolated seniors throughout Whatcom County. Sessions to train volunteers for making one-on-one weekly visits in seniors' homes are offered monthly. Upcoming dates are Tuesday, Feb. 23rd from 6:00-9:00 p.m., Tuesday, March 23rd from 1:00-4:00 p.m., or April 21st from 6:00-9:00 p.m. Please call the Friendly Visitors' office at 756-5179 to reserve a space for these sessions.

Haiti, US Catholics Respond: Over the past week, the US Catholic community has poured out compassion for the people of Haiti. Here are a few examples: Catholics and other people of goodwill have donated \$16.5 million to CRS for Haiti relief to date. Dozens of dioceses have held or will hold a special collection for Haiti, including many parishes in the Archdiocese of Seattle. **Thank you to the parishioners of Sacred Heart for your generosity.** If you would like to donate, call: 877-Help-CRS (877-435-7277).

Assumption Prayer Ministry: Wednesday evenings at Church of the Assumption following Mass, 7:00-8:30 p.m. Everyone is welcome to come for quiet and private prayer, completely confidential. No appointment necessary. For more information, call Nancy Fudge, 733-1380, Ext. 29.

Marriage Encounter: Attention married couples: is winter starting to get you down and do you find yourself getting a little edgy with your spouse? Perhaps you deserve to get away to renew your relationship. Sign up today for a Worldwide Marriage Encounter Weekend and get rid of the blahs. Upcoming weekends: Feb. 26-28 in Seattle and April 30-May 2 in Mount Vernon. For more information, call Kay and Mike Gougeon 671-6955.



"Science can tell us what is, but it can't tell us good from bad, right from wrong. Therefore it is not anti-science to oppose embryonic stem cell research and human cloning. It is pro-science to care enough to keep this powerful enterprise within proper ethical parameters." Wesley Smith, National Right To Life News, June 2008

January 30 and January 31

Sunday January 31st

8:30 a.m. Mass	Church
9:45 a.m. Coffee Hour	Parish Hall
9:45 a.m. RE & Fir. Rec./Fir. Comm.	Parish Center
11:00 a.m. Mass	Church
6:00 p.m. SALT	Upper Rm./Assumption

Monday February 1st

7:00 p.m. EDGE	Assumption Gym
----------------	----------------

Candlemas Day

Tuesday February 2nd

12:10 p.m. Adoration	Church
1:30 p.m. Prayer Shawl Ministry	St. Nicholas
5:00 p.m. Reconciliation	Church
6:00 p.m. Mass	Church
Blessing of candles & procession after Mass	Church
7:00 p.m. SHALOM Mom's Group	St. Nicholas
7:00 p.m. Young Catholics	Parish Center
7:00 p.m. RCIA	Winter Chapel

St. Blaise

Wednesday February 3rd

11:15 a.m. Reconciliation	Church
12:10 p.m. Mass	Church
12:10 p.m. Blessing of throats at Mass	Church
7:00 p.m. 8:30 a.m. Choir practice	Church

Thursday February 4th

10:00 a.m. Parish Nurse	St. Clare
11:15 a.m. Reconciliation	Church
12:10 p.m. Mass	Church

Friday February 5th

12:10 p.m. First Friday Mass	Church
1:00 p.m. Adoration	Winter Chapel
1:10 p.m. First Friday Luncheon	Parish Hall

Saturday February 6th

8:20 a.m. Benediction	Winter Chapel
8:30 a.m. Mass	Church
3:30 p.m. Reconciliation	Church
5:00 p.m. Mass	Church

Sunday February 7th

8:30 a.m. Mass	Church
9:45 a.m. Coffee Hour	Parish Hall
9:45 a.m. RE & Fir. Rec./Fir. Comm.	Parish Center
9:45 a.m. RE Parents Meeting	Fr.'s Office
11:00 a.m. Mass	Church
12:30 p.m. Baptismal Prep.	St. Augustine
1:00 p.m. Vietnamese Mass	Church
6:00 p.m. SALT	Upper Rm./Assumption

Weekly Readings

Fourth Sunday in Ordinary Time

January 31	Jeremiah 1:4-5, 17-19; 1Cor 12:31-13:13; Lk 4:21-30
February 1	2 Sm 15:13-14, 30; 16:5-13; Mk 5:1-20
February 2	Mal 3:1-4; Lk 2:22-40
February 3	2 Sm 24:2,9-17; Mk 6:1-6
February 4	1Kings 2:1-4, 10-12; Mk 6:7-13
February 5	Sirach 47:2-11; Mk 6:14-29
February 6	1 Kings 3:4-13; Mk 6:30-34

Fifth Sunday in Ordinary Time

February 7	Isaiah 6:1-2a, 3-8; 1Cor 15:1-11; Lk 5:1-11
------------	---

Faith Formation & Liturgy

Baptismal Prep. Class on Sunday, February 7, 2010 from 12:30-4:30 p.m. For more info contact Twi McDonell, 360-734-2850, Ext. 6.

Please keep your eyes open – our next **II Tuesday** will be February 9th 7-9 p.m.: *Music in the Mass – why we sing – what we sing – and when we sing.* This evening is geared for the music planner, the musician at Mass, and the person in the pew! We will be joined by Corinna Laughlin from St. James Cathedral where she serves as Liturgy Director

Do you love the Church? Is your mind disposed to learn more about how the Church lives out its mission in true charity? Is your heart moved to do something with the gifts God is giving you? Do you (and your family) long to live out this faith in real and substantial ways? Do you wish to bring others into the holy activity? **Consider joining the Social Justice Committee.** Contact Twi McDonell, 360-734-2850 Ext.6, for more info.

Assumption School News

360-733-6133

Are you interested in learning how a Catholic education can enrich the lives of your children and family? Then come to the **Assumption Catholic School Open House on Sunday, January 31 from 2:00 p.m. to 3:30 p.m.** Tour the school, learn about our curriculum from our principal and staff, and visit with current parents. Application packets will be available.

Thank you to the generous parishioners who support Catholic education by making donations to our Tuition Assistance Program, the Annual Fund Campaign, the Educational Enrichment Fund, and the Support for a Century Endowment. If you would like to make a donation, please contact Jennifer Rick at 733-6133 or jrick@school.assumption.org.

Mass Intentions this week

February 2	Bryan Marriott (+)
February 3	Elizabeth McCloskey (+)
February 4	Matthew Pollaway (+)
February 5	Luanne Pollaway (Healing)

Sacred Heart's Stewardship Report

January 23 & January 24

Ordinary Income

Envelopes (158)	\$ 7,697.00
Visitors	\$ 448.37
Children (2)	2.00
	\$ 8,147.37

2009/2010 Fiscal Year

Weekly budget needed:	\$ 8,232.00
Budget to Date	\$ 246,960.00
Actual to Date	\$ 252,644.50



Initial Offering	\$ 14.00
Holy Day	\$ 25.00
St. Vincent de Paul	\$ 170.00
Building & Grounds	\$ 70.00
Assumption School	\$ 85.00