

# Sacred Heart Catholic Church - Bellingham, WA.

## 3rd Sunday Of Advent

This third Sunday of Advent is traditionally called Laetare Sunday, a word which means: to rejoice, be glad, to cheer, or be joyful. It is taken from the second reading of St. Paul when he tells the Philippians, *Rejoice in the Lord always. I shall say it again: rejoice!* Can we heed St. Paul's words? If you cannot rejoice right now, what will bring you joy? Can you name them? If you are rejoicing at the present, what would take away this joy? One interesting fact for you: when St. Paul wrote these words, he wrote them from prison.

Fr. Qui-Thac Nguyen

### Thank you from the Sacred Heart Conference of St. Vincent de Paul

The members of St. Vincent de Paul extend heartfelt thanks to the parish for sharing a generous portion of the proceeds from the 2009 Potpourri of Art event to help support families in the Sacred Heart district through the work of our members. Thanks to the ongoing generosity of Sacred Heart parishioners and donations from successful fundraising events like the Potpourri of Art, we have been able to provide assistance in the past year with food, shelter, fuel and other necessities of life to more than 1500 men, women and children in our community. This contribution of \$1,418.30, will help us continue our outreach in this time of growing need. We are so blessed! All are welcome to participate in the ministry of St. Vincent de Paul; for information, call Dick Ryan at 733-2647 or Judy Schmitt at 733-1917.

**Pro-Life Prayer Vigil:** Come and pray with us on the third Sunday for one hour from 2-3 p.m. at Whatcom County's abortion clinic: Mt. Baker Planned Parenthood (1530 Ellis St.). Our monthly vigil will be Sunday, December 20th, rain or shine. Let us pray for an end to all abortions and healing for all women suffering from Post-Abortion Syndrome. For more information call Kathy St. Hilaire, 671-4836.

**Polish Confessions, Mass and Potluck at Sacred Heart Church:** Sunday, December 13th, Polish Confessions, 4:00 p.m. Mass, 5:00 p.m. Potluck, 6:00 p.m. in the Hall. All are welcome.

**All Parishioners, Families, and Friends are invited to the NIGHT OF CARE-ALL-IN** (pronounced **Night of Caroling**) **on Wednesday, Dec. 16 at 7:00 p.m.** Bring 1 can of food for the food bank and 1 quart of apple juice or a dozen cookies to share later. We are meeting in the Parish Library at 7:00 p.m. and then travelling (everyone bring your own car) to several sites of homebound parishioners/community members in order to surprise them with song. After caroling, we all head back to Sacred Heart Parish for fellowship, cider and cookies. Christmas carol sheets and a map of destinations will be provided that night. So bring Mom, Dad, Grampa, Gramma, brothers and sisters. Dress warm and bring your joyful faces. Questions? Contact Angus McDonell [angusmcdonell@gmail.com](mailto:angusmcdonell@gmail.com) or 360-920-8539.

**Advent Retreat for Women:** Advent Silent Retreat for Women, December 18-20, 2009. Retreat Director: Sr. Joyce Cox, BVM, provides fresh insights into prayer and spiritual growth. Opportunities available for Eucharist and Reconciliation. Cost: \$177.50 per person (single room). Price includes all presentations, six meals and two nights in a comfortable room with a private bath. Please contact The Palisades for information; 206-748-7991.

**Assumption Prayer Ministry:** Wednesday evenings, 7:00-8:30 p.m. at Church of the Assumption. "The Lord is near. Have no anxiety at all, but in everything, by prayer and petition with thanksgiving, make your requests known to God. Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus." Philippians 4:6-7. What happens when someone comes for prayer? You will be welcomed and escorted into a prayer room where a team of two or three of the team members will join you in your prayers to the Lord. We do not heal or counsel, we listen and we pray and ask God to help you. It is private and confidential. For more information, call Nancy Fudge, 733-1380, Ext. 29.

**Lectio Divina:** Monday, December 14, at 12:10 p.m. in the Winter Chapel.

**Adoration:** Adoring Christ in the Blessed Sacrament is available to us at Sacred Heart every Tuesday from Noon until Mass time. The fruits for a deepening spirituality for individuals and for families are abundant. Families, in particular, are invited to that last hour before Mass where you can adore Jesus, partake in the Sacrament of Reconciliation and then go to Mass at 6:00 p.m.

### Day of Recollection

Day of Recollection on St. John of the Cross  
St. Teresa of Avila house  
27008 78th NW, Stanwood, WA  
From 10: a.m.-2:00 p.m.  
Bring a sack lunch // Suggested donation, \$15-20.

### Retrouvaille of Seattle

For couples on the edge of divorce  
or who have already separated  
Details: [helpourmarriage.com](http://helpourmarriage.com)  
Next Program begins: January 29, 2010  
Call: 206-706-2608

# December 12 & December 13

## Sunday December 13th

8:30 a.m.	<b>Mass</b>	Winter Chapel
9:45 a.m.	RE & First Rec./First Comm.	Parish Center
9:45 a.m.	F. Rec./F. Comm. Parents' Mtg.	Fr.'s Office
9:45 a.m.	Coffee Hour	Hall
10:00 a.m.	Bible Study	
11:00 a.m.	<b>Mass</b>	Church
4:00 p.m.	Polish Confessions	Church
5:00 p.m.	Polish Mass	Church
6:00 p.m.	Polish Potluck	Hall
6:00 p.m.	SALT	Upper Room/ Assumption

## Monday November 14th

12:10 p.m.	Lectio Divina	Winter Chapel
6:30 p.m.	Practice-11o'clock Choir	Church
7:00 p.m.	St. Vincent de Paul	St. Nicholas
7:00 p.m.	EDGE	Assumption Gym

## Tuesday December 15th

12:10 p.m.	Adoration	Church
1:30 p.m.	Prayer Shawl Ministry	St. Nicholas
5:00 p.m.	Reconciliation	Church
6:00 p.m.	<b>Mass</b>	Church
7:00 p.m.	Shalom Mom's Group	St. Nicholas
7:00 p.m.	RCIA	Winter Chapel

## Wednesday December 16th

10:30 a.m.	WISH	Library
11:15 a.m.	Reconciliation	Church
12:10 p.m.	<b>Mass</b>	Church

## Thursday December 17th

10:00 a.m.	Parish Nurse	St. Clare
11:15 a.m.	Reconciliation	Church
12:10 p.m.	<b>Mass</b>	Church
6:30 p.m.	Social Justice Committee Mtg.	St. Nicholas
7:00 p.m.	NCCM Fundraiser Banquet	Hall

## Friday December 18th

5:00 p.m.	Reconciliation	Church
6:00 p.m.	<b>Mass</b>	Church

## Saturday December 19th

8:30 a.m.	<b>Mass</b>	Winter Chapel
3:30 p.m.	Reconciliation	Church
5:00 p.m.	<b>Mass</b>	Church

## Sunday December 20th

8:30 a.m.	<b>Mass</b>	Winter Chapel
9:45 a.m.	RE & First Rec./First Comm.	Parish Center
9:45 a.m.	Coffee Hour	Hall
11:00 a.m.	<b>Mass</b>	Church
1:00 p.m.	<b>Vietnamese Mass</b>	Church
6:00 p.m.	NO SALT	

### Weekly Readings

#### Third Sunday Of Advent, Dec. 13

Zephaniah 3:14-18a; Philippians 4:4-7; Luke 3:10-18

Dec. 14 Numbers 24:2-7,15-17a; Luke 14:25-33

Dec. 15 Zephaniah 3:1-2,9-13; Matthew 21:28-32

Dec. 16 Isaiah 45:6c-8,18,21c-25; Luke 7:18b-23

Dec. 17 Genesis 49:2,8-10; Matthew 1:1-17

Dec. 18 Jeremiah 23:5-8; Matthew 1:18-25

Dec. 19 Judges 13:2-7,24-25a; Luke 1:5-25

#### Fourth Sunday Of Advent, Dec. 20

Micah 5:1-4a; Hebrews 10:5-10; Luke 1:39-45

### Faith Formation & Liturgy

#### LAST WEEK FOR MINISTRY SIGN-UPS FOR SOLEMNITIES OF CHRISTMAS & MARY MOTHER OF GOD!

Liturgical Ministers: If you are going to be celebrating your Christmas and New Year's here in Bellingham, perhaps God is also calling you to serve at one of our Eucharistic Liturgies. Sign-ups are in the back and I invite you to sign up as soon as you know your availability. Thank you! Twi

#### CHILDREN'S CHRISTMAS MASS

The following information supersedes info found in last week's stuffer.

**Children's Christmas Choir and Gospel Story happen on Christmas Eve at the 5 pm mass. Parts are chosen and Music is distributed on Sunday, December 20th from 9:45-10:45 in the Parish Library. All Parish Children K-8 are invited to participate.**

**Gospel Story rehearses Dec 22 & 23rd, 4-5 p.m. in the Church. Christmas Choir rehearses Dec 22 & 23rd, 5-6 p.m. in the Church. Gospel Story and Choir serve on Dec. 24th at the 5pm Children's Christmas Mass.**

### Assumption School News

733-6133

**Attention Parents:** Believe it or not, it's time to start thinking about enrollment for fall 2010! Enrollment information for new families is mailed in January. Space fills up very quickly—especially our pre-school and kindergarten programs, Contact the school (Jennifer Rick, 733-6133, Ext. 38) to add your name to the enrollment inquiry mailing list.

### Mass Intentions This Week

Dec. 15 John & Lauren White (First wedding anniversary)  
 December 16 Monica Ann Fetty (Healing)  
 December 17 Jim O'Brien (90th birthday)  
 December 18 Kevin Elles (Healing)

### Sacred Heart's Stewardship Report December 5 & December 6

#### Ordinary Income

Envelopes (172)	\$7,936.80
Visitors	\$ 985.27
Children (2)	<u>\$ 1.43</u>
	\$8,923.50

Weekly Budget Need \$8,232.00

#### 2009/2010 Fiscal Year

Budget to date: \$ 189,336.00  
 Actual to date: \$ 187,500.72

Holiday \$ 252.00

St. Vincent de Paul	\$ 448.00
Building & Grounds	\$ 105.00
Assumption School	\$ 50.00

