

Sacred Heart Catholic Church - Bellingham, WA.

Dear Fellow parishioners—

There's been a lot of news coverage recently about the possibility of an increase in the spread of the swine flu virus this fall. Flu viruses are more active in large gatherings of people, and with that concern in mind we've put into place new sanitizing practices. Archbishop Brunett shares this deep concern and has issued a letter with a list of precautions and practices that may help us avoid or prevent the spread of the virus, and, although strictly voluntary, we are strongly urged to follow them. You will find the Archbishop's entire letter at www.seattlearch.org. Here are the highlights:

- If you suspect you might be infected with the flu virus, stay at home and do NOT attend Mass until you feel healthy. Missing Mass due to illness is not sinful; it is prudent and shows a respect for our brothers and sisters.
- During Mass, at the Sign of Peace, you may choose to simply say "peace be with you" without offering your hand.
- During Communion, you may elect to receive the Blessed Sacrament in the consecrated host and not receive the Precious Blood from the Chalice.
- Reception of the Blessed Sacrament on the hand is the best way to reduce the possibility of flu virus transmission.
- Holy water from the fonts should not be ingested, nor should it enter the body via the eyes or nose.
- Cover your mouth and nose when you sneeze or cough and wash your hands frequently; refrain from shaking hands; refrain from sharing a common cup; and stay home if you feel sick.

Some of these may be different from your common practices, and again, following them is voluntary; however, in the interest of Christian charity, you are encouraged to follow them. We pray for God's blessing and the well-being of all Sacred Heart parishioners. Thank you.
—Ruth Miller, Pastoral Administrator

Parish Picnic: Thank you to all who contributed to the wonderful time we all had at the Parish Picnic. Many hands went into the planning, cooking, coordinating—and eating! A special thank you to Fr. Qui-Thac, Paula Mallahan, Rick Huston, Twi McDonell, Kelsey Harrington, Barb Haddad, the 11:00 o'clock choir, Mark Costello, and Paul Evich.

Country Store Donations: When you donate an item for sale at the Potpourri of Art Country Store, please make sure it is in good repair. If you have a question about whether or not an item would be a good seller at the Country Store, please call Margaret Karcher at 715-3606. As in the past, The Country Store does not sell clothing. If you want to donate a large item, please call the Parish Office, at 734-2850, and Martha will let you know the best place to drop it off.

Tuesday Adoration: The Blessed Sacrament will be exposed from 12:10 p.m. through Mass time at 6 pm on Tuesdays. We especially invite families to stop by after school or before Mass for a visit with our Lord.

Parish Nurse Ministry: The health ministers will be in the Parish Office every Thursday from 10-11 a.m. Please feel free to drop in or call with any health concerns.

Maple Alley Inn is seeking volunteers. This is an Opportunity Council Program that serves a free hot meal on Wednesday and Thursday at Noon to those in need. For more information, please call Lillian at 758-2122.

Assumption Prayer Ministry: Wednesday Evenings after Mass 7:00-8:30 p.m. "Welcome is God's mercy in time of distress as rain clouds in time of drought." Sirach 35:24 Prayer ministry is a quiet, private time where you can come and have someone join you in prayer as you take your burdens to the Lord.

Harvest Festival: The Church of the Assumption's Harvest Festival is Saturday, Sept. 19th, 1 p.m.-11 p.m. and Sunday, Sept. 20th, 11 a.m.-4 p.m. Join the fun for the whole family: food vendors, games and activities, crafts, used book sale, mini-golf, inflatable's, face painting, spin art, bingo, dunk tank, and beer garden. New this year: all-day children's games passes, \$10 for Saturday, \$5 for Sunday. Spaghetti dinner on Saturday, at 5, 6 and 7 p.m.. Music and dancing with The Dagwood's at 8 p.m. Big Wheel races for 3-6 year olds on Sunday at 12 p.m., and Sterling Magic Show performing at 1 p.m. For more information, contact Assumption at 733-1380, Ext 30.

Retrouvaille of Seattle

Is your marriage tearing you apart?
Retrouvaille, a Catholic Program, can help!
Details: helpourmarriage.com

Next Program begins: September 18-20th
Call: 206-706-2608

The patron saint of Retrouvaille is St. Joseph



Come and pray with us once a month on the third Sunday from 2-3p.m. at Whatcom County's abortion clinic: Mt Baker Planned Parenthood (1530 Ellis St.). Our monthly vigil will be Sunday, September 20, rain or shine. Let us pray for an end to all abortions and healing for all women suffering from Post-Abortion syndrome. For more information call Kathy St. Hilaire at 671-4836.

September 12 & September 13

Sunday September 13th

8:30 a.m. Mass	Church
9:45 a.m. Coffee Hour	Parish Hall
11:00 a.m. Mass	Church
12:15 p.m. Bible Study	St. Nicholas
12:30 p.m. Baptismal Preparation	St. Augustine

Monday September 14th

No Mass

7:00 p.m. St. Vincent de Paul	St. Nicholas
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Tuesday September 15th

12:10-5:50 p.m. Adoration	Winter Chapel
1:30 p.m. Prayer Shawl Ministry	St. Nicholas
5:00 p.m. Reconciliation	Church
6:00 p.m. Mass	Church
7:00 p.m. SHALOM Mom's Group	St. Nicholas
7:00 p.m. Inquiry	Winter Chapel

Wednesday September 16th

11:15 a.m. Reconciliation	Church
12:10 p.m. Mass	Church
1:00 p.m. WISH	Hall

Thursday September 17th

8:00 a.m. Finance Council	Hall
10:00 a.m. Parish Nurse	St. Clare
11:15 a.m. Reconciliation	Church
12:10 p.m. Mass	Church
6:00 p.m. Pastoral Council	Hall
6:30 p.m. Social Justice committee	St. Nicholas

Friday September 18th

11:15 p.m. Reconciliation	Church
12:10 p.m. Mass	Church

Saturday September 19th

8:30 a.m. Mass	Church
3:30 p.m. Reconciliation	Church
5:00 p.m. Mass	Church

Sunday September 20th

8:30 a.m. Mass	Church
9:45 a.m. Coffee Hour	Parish Hall
11:00 a.m. Mass	Church
1:00 p.m. Vietnamese Mass	Church

Mass Intentions This Week

September 15	Harry Randle III (+)
September 16	Aly Sell (+)
September 17	Nancy Palmieri (+)
September 18	Jerry Junkersfeld (+)

Weekly Readings

24th Sunday In Ordinary Time September 13th

Isaiah 50:4c-9a James 2:14-18 Mark 8:27-35

Sept. 14	Numbers 21:4b-9 John 3:14-17
Sept. 15	1 Timothy 3:1-13 Luke 2:33-35
Sept. 16	1 Timothy 3:14-16 Luke 7:31-35
Sept. 17	1 Timothy 4:12-16 Luke 7:36-50
Sept. 18	1 Timothy 6:2c-12 Luke 8:1-3
Sept. 19	1 Timothy 6:13-16 Psalm 100:1b-5 Luke 8:4-15

25th Sunday In Ordinary Time September 20th

Wisdom 2:12,17-20 James 3:16-4:3 Mark 9:30-37

Faith Formation & Liturgy

Looking for a few good men and women: First Friday Adoration Team is looking for some more people to sign up during the early hours of Saturday morning. Time slots that could use additional people are during the 1:00-5:00 a.m. hours.

Bishop Elizondo will be joining Sacred Heart Parish on Saturday, September 26th to celebrate Mass and then to speak about Immigration Reform. Mass is at 5:00 p.m. There is a reception in the Hall and the talk begins at 7:00 p.m. Please see the bulletin insert for more details.

Faith Formation Meeting for Sacred Heart and Assumption Edge (Middle) and SALT High School Youth Ministry and for Confirmation will be held at Assumption Parish this Sunday, Sept. 13, at 9:30 a.m. A Spanish Session will be held at 2:00 p.m.

The Religious Education Kickoff will be Sept. 27th from 9:45-10:45 a.m. in the Hall. Fr. Qui-Thac will be meeting with students, catechists, and parents. Following the introductions, the children will go to their classrooms with their Catechists and the parents will continue their meeting with Father.

Assumption Catholic School News

Assumption Catholic School Thanks Tuition Assistance Donors! A heartfelt and humble "THANK YOU" to the **many donors** who have stepped forward with **\$14,000** in much needed tuition assistance grants. (Two donors have provided \$2,000 each!) Our goal is to raise \$25,000 for the 2009-2010 school year—and we're nearly half way there. If you would like to pledge your support—in any amount—please contact Jennifer Rick at 733-6133 or jrnick@school.assumption.org. Donations can be mailed directly to Assumption School, 2116 Cornwall Ave. Bellingham, WA 98225.

Registration for 2009-2010: Are you looking for a Catholic School with a strong identity, proven academic success, a quality certified faculty, and an atmosphere that promotes achievement, moral behavior, and a host of co-curricular activities? Call Assumption Catholic School (733-6133) for a tour and a meeting with the principal.

Sacred Heart's Stewardship Report September 5 & 6, 2009



Ordinary Income

Envelopes (172)	\$ 9,974.12
Visitors	\$ 619.74
Children (1)	<u>\$ 1.00</u>
	\$ 10,594.86

Weekly Budget Need \$ 8,232.00

2009/2010 Fiscal year

Budget to date: \$ 82,320.00
Actual to date: \$ 80,576.77

St. Vincent de Paul	\$ 425.00
Building & Grounds	\$ 106.00
Assumption School	\$ 76.00