

Sacred Heart Catholic Church - Bellingham, WA.

21st Sunday in Ordinary Time

There are 168 hours per week. An average person needs seven hours of sleep, eight hours of work, two hours to eat. This gives us roughly 54 hours left for family-time, friends-time, me-time. Some have used this logic to help us realize how little time we give to Jesus. Even if we were "pious" and pray one hour each day, that still gives us less than half of 1% of the week.

This mode of reasoning, although effective to help us do what we ought, runs the risk of making us think that when we pray or come to celebrate the Eucharist, we are giving something to Jesus. This is a fallacy. It is very far from the truth. When we pray or come to Mass, it is not we who give, but receive. In Jesus' discourse on the bread of life, the Jews were scandalized by Jesus' audacity to claim to be the Son of God and his demand to come and eat his flesh and drink his blood. As a result of this, St. John relates to us, "*many of his disciples returned to their former way of life and no longer accompanied him.*" Jesus' response to this situation gives us an insight into the question of "who needs whom" as Jesus asked the disciples, "*Do you also want to leave?*" In other words, Jesus is demonstrating that it is precisely the disciples who need Jesus, not the other way around! When we come in contact with Him, it is we who increase, not Jesus. When we do not pray or celebrate the Eucharist, it is we who become less, not Jesus. When we choose to pray or receive Jesus, it is a gift we give to ourselves; and what a gift it is!

Fr. Qui-Thac Nguyen

Outdoor Mass and Parish Picnic

Please Note: Next Sunday, August 30th, 11:00 a.m.
Mass will take place at Fairhaven Park.



The Parish Picnic will follow Mass. Salmon, hot dogs, salad and drinks will be provided. Come and spend time with your fellow parishioners. Have some wonderful food and join in or watch the games.

Project Rachel

Healing the Wounds of Abortion

Do you suffer from feelings of guilt, grief, anger or depression from a past abortion experience?

Do you feel alienated from your faith or wonder if God's love and forgiveness can really be for you?

Join us on a journey of emotional and spiritual healing from abortion.

Rachel's Vineyard Retreat 2009

November 13-15

Contact: Valerie 1800-822-HOPE (4673)

Parish Directory: You will have another opportunity to have your photo taken for the Parish Directory, September 1-5. Schedule your Photo session after the Masses on the weekend or go to www.sacredheartbellingham.org.

Mission Collection: As a parish we collected \$4,064.95 for the Lovers of the Holy Cross of Govap Sisters at St. Bernadette Convent in Seattle! Your generosity will aid in funding continuing education for the Sisters and further their work in the Vietnamese communities. Thank you!

First Meeting of Sacred Heart Young Professional Group: If you are single, between the ages of 23-45, come to the first meeting of our Young Professional Group. The meeting will be held in the Parish Hall on September 1st at 7:00 p.m. If you have any questions, call Agnes Balog, 360-305-1307.

Whatcom Hospice Seeks Volunteers: You are welcome to attend an Informational Meeting Saturday, September 19, 10:00 a.m.-12:30 p.m. in the lower level meeting room, 800 E. Chestnut St. Bellingham. The 32-hour Training Program will be held Wednesday evenings 5:00-8:00 p.m. and Saturday mornings 8:30 a.m.-12:30 p.m. starting October 14th and ending November 14th. Contact Dianne Gillespie, Hospice Volunteer Coordinator 765-6892 or Dgillespie@peacehealth.org for more information.

Retrouvaille of Seattle: Is your marriage tearing you apart? Retrouvaille, A Catholic Program, can help! Details: helpourmarriage.com. The next program begins September 18th-20th. Call 206-706-2608.

2009 Annual Catholic Appeal

Report date: 08/12/2009
Sacred Heart Goal: \$48,341
Pledges Received: \$71,834
Potential Rebate: \$23,493
Total Participation 44.60%

Thank you for your generosity!



Openness to life is at the center of true development. When a society moves towards the denial or suppression of life, it ends up no longer finding the necessary motivation and energy to strive for man's true good. If personal and social sensitivity towards the acceptance of a new life is lost, then other forms of acceptance that are valuable to society also wither away. From Pope Benedict's new encyclical *Caritas in Veritate*.

August 22 & August 23

Sunday August 23rd

8:30 a.m. Mass	Church
9:30 a.m. JustFaith Recruitment	Parish Hall
No Coffee Hour	Parish Hall
11:00 a.m. Mass	Church

Monday August 24th No Mass

Tuesday August 25th

1:30 p.m. Prayer Shawl Ministry	St. Nicholas Church
5:00 p.m. Reconciliation	Church
6:00 p.m. Mass	Church

Wednesday August 26th

11:15 a.m. Reconciliation	Church
12:10 p.m. Mass	Church
7:30 p.m. Catholic Men's Group	St. Augustine

Thursday August 27th

11:15 a.m. Reconciliation	Church
12:10 p.m. Mass	Church

Friday August 28th

11:15 a.m. Reconciliation	Church
12:10 p.m. Mass	Church

Saturday August 29th

8:30 a.m. Mass	Church
3:30 p.m. Reconciliation	Church
5:00 p.m. Mass	Church

Sunday August 30th

8:30 a.m. Mass	Church
No Coffee Hour	Parish Hall
11:00 a.m. Mass	Fairhaven Park
11:00 a.m. Parish Picnic	Fairhaven Park

Mass Intentions This Week

August 25 Deacon Joseph Curtis (+)
 August 26 Helen Mosher (+)
 August 27 Dick Banning (Healing)
 August 28 Gillian Snyder (+)

Weekly Readings

21st Sunday In Ordinary Time August 23rd

Joshua 24:1-2a, 15-17, 18b Eph 5:21-32 John 6:60-69
 Proverbs 9:1-6 Eph 5:15-20 John 6:51-58

Aug. 24 Rev 21:9b-14 John 1:45-51
 Aug. 25 1 Thessalonians 2:1-8 Matthew 23:23-26
 Aug. 26 1 Thessalonians 2:9-13 Matthew 23:27-32
 Aug. 27 1 Thessalonians 3:7-13 Matthew 24:42-51
 Aug. 28 1 Thessalonians 4:1-8 Matthew 25:1-13
 Aug. 29 1 Thessalonians 4:9-11 Psalm 98:1,7-9
 Mark 6:17-29

22nd Sunday In Ordinary Time August 30th

Deuteronomy 4:1-2, 6-8 James 1:17-18, 21b-22, 27
 Mark 7:1-8, 14-15, 21-23



Faith Formation & Liturgy

Information and Calendars for 2009-2010:
Check 'em out at www.sacredheartbellingham.org
Click on the Faith Formation Button.

RE Registration and First Communion / First Reconciliation forms are on the web too.

Interested in Exploring the Catholic Faith, have questions or aren't sure? Or are you ready to start the process to become Catholic? Then call Twi McDonell at 734-2850, Ext. 6 to set up a meeting. The process is the Rite of Christian Initiation of Adults (RCIA). We will begin our Inquiry sessions on Tuesday nights from 7-8:30 p.m. beginning September 1st in the Chapel. Feel free to join us!

Catechist and Faith Formation In Service on Sept. 12th, 8:30-Noon.

Assumption School News

Back to School Picnic: September 1, 6:00 p.m.

First Day of School: September 2.

Assumption Catholic School now Hiring!

Open until filled. Send resume with three professional references and a cover letter to Principal Rose Goeres at rgores@school.assumption.org or directly to Assumption Catholic School, 2116 Cornwall Ave., Bellingham, WA 98225. (360) 733-6133.

- **Position 1: Classroom aide.** This 3-hour position, 5 days a week in a primary grade classroom, pays \$10-\$15 an hour depending on experience and qualifications. Begins 8/25 for some in-service trainings.
- **Position 2: Traffic Loop Coordinator.** One hour per day (25 minutes in A.M.; 35 minutes in P.M.). Supervises the student drop off and pick up traffic. Stipend for school year: \$2,500.
- **Position 3: Night Custodian.** 18 hours per week evening hours. \$10/hour.

Federal Background checks and Safe Environment training required.

Sacred Heart's Stewardship Report August 15 & 16, 2009

Ordinary Income

Envelopes (146)	\$7,736.00
Visitors	\$ 613.44
Children (1)	<u>\$ 1.00</u>
	\$8,350.44

Weekly Budget Need \$8,232.00

2009/2010 Fiscal year to date:

Budget: \$428,075.00
 Actual: \$ 56,706.59

Holyday	\$ 425.00
Visiting Missionary	\$4,064.95

St. Vincent de Paul	\$ 109.00
Building & Grounds	\$ 12.00
Assumption School	\$ 30.00

