

Sacred Heart Catholic Church - Bellingham, WA.

19th Sunday in Ordinary Time

The Gospel this week begins with the verb murmuring, *The Jews murmured about Jesus because He said, "I am the bread that came down from heaven."* The verb to *murmur* expresses the emotion of discomfort, dissatisfaction, or resentment. It is synonymous to a number of words including: grumbling, grouchy, whining, griping, bellyaching, and ...well, you get my point. This is what the Israelites did in the desert and are doing again to Jesus in the Gospel. The opposite of murmuring is: to applaud, to be content, to praise, to approve. Which group do we fall into? Are we grouchy, whiney, and like to complain or are we content, happy and like to affirm?

I am in California to witness a wedding for one of my cousins and visiting my nieces and nephew for a few days. You are all in my prayers and I look forward to being home on Thursday. Please welcome Father Benedict Lefebvre from the Benedictine monastery, Christ the King, in Canada.

Fr. Qui-Thac Nguyen

Mission Support

The Archdiocese gives mission causes an opportunity to share about their ministry and to raise funds to support their mission. At each Mass on the weekend of August 15-16, Sister Rose Tran of the Congregation of Lovers of the Holy Cross of Govap, at St. Bernadette Convent in Seattle, will be sharing with us about the work that they do in the community, their prayer life, and service, and the financial challenge they face to educate the Sisters. Please give prayerful consideration to supporting their mission.

Whatcom Hospice Seeks Volunteers

You are welcome to attend an Informational Meeting Saturday, Sept. 19, 10:00 a.m.-12:30 p.m. Lower level meeting room, 800 E. Chestnut St., Bellingham

The 32-Hour Training Program will be held Wednesday Evenings 5:00 - 8:00 p.m. and Saturday Mornings 8:30 a.m.-12:30 p.m.

Starting October 14th and ending November 14th
Contact Dianne Gillespie, Hospice Volunteer Coordinator
765-6892 or dgillespie@peacehealth.org
For more information.

Thank you: To all those who visited, called, sent cards and prayed when I went in for surgery, I am so grateful. I have believed in prayer for a very long time, but now I am absolutely certain that prayer works. There are so many people to thank for being a friend. Love - Dick Banning.

Newman Center Agape Groups: Young people from the parish of St. Therese will arrive August 9th to spend a week at Sacred Heart Parish Center. If you would like to help in their mission while they are here, please bring non-perishable food items and clean, gently-used toys and clothes. The donations can be put into the container at the entry of the church or brought to the Parish Office.

Pro-Life Prayer Vigil: Come and pray with us once a month on the third Sunday from 2 - 3 p.m. at Whatcom County's abortion clinic: Mt. Baker Planned Parenthood, 1530 Ellis St. Our monthly vigil will be Sunday, August 16, rain or shine. Let us pray for an end to all abortions and healing for all women suffering from Post-Abortion Syndrome. For more information call Kathy St. Hilaire at 671-4836.

Parish Picnic: The Parish Picnic will be on Sunday, August 30th at Fairhaven Park. We are looking for a team to help at this event in the following areas: food, set-up, clean-up, servers and grillers to help with the salmon and hot dogs. Please call Paula Mallahan, 671-1374, if you can offer assistance.

Parish Directory: You will have another opportunity to have your photo taken for the Parish Directory. We are scheduled with Lifetouch for a "make-up" week, September 1-5. More information to follow on scheduling your photo session.

CAST has enough sandwich makers and servers for August. Drivers are still needed. Sandwich makers, servers and drivers are needed for September. You can sign up in the entry of the church or call Ginnie Parine at 647-5703. This is a great family summer project. Thank you!

Just Faith Recruitment: During Mass each week we say the Lord's Prayer, share a sign of peace and are sent forth at the end of Mass to love and serve God. Are we really at peace with our brothers and sisters at home and around the world or has this become a superficial prayer and gesture? Do we really go forth to love and serve God? If you are looking for ways to make these prayers more meaningful and to live them more fully, then check out the JustFaith program. JustFaith offers an intensive study of the Christian's call to address the needs of the world. The thirty-week program includes weekly meetings, regular reading, retreats and immersion experiences. The program runs from October to May. For more information, call Caroline Correa at 647-1232.

August 8 & August 9

19th Sunday In Ordinary Time August 9th

8:30 a.m. Mass	Church
No Coffee Hour	Parish Hall
11:00 a.m. Mass	Church
3:00 p.m. Agape	Parish Center

Monday August 10th

8:00 a.m. Agape	Parish Center
No Mass	

Tuesday August 11th

8:00 a.m. Agape	Parish Center
5:00 p.m. Reconciliation	Church
6:00 p.m. Mass	Church

Wednesday August 12th

8:00 a.m. Agape	Parish Center
11:15 a.m. Reconciliation	Church
12:10 p.m. Mass	Church

Thursday August 13th

8:00 a.m. Agape	Parish Center
11:15 a.m. Reconciliation	Church
12:10 p.m. Mass	Church

Friday August 14th

8:00 a.m. Agape	Parish Center
11:15 a.m. Reconciliation	Church
12:10 p.m. Mass	Church

Assumption of the Blessed Virgin

Saturday August 15th

8:30 a.m. Mass	Church
3:30 p.m. Reconciliation	Church
5:00 p.m. Mass	Church

Sunday August 16th

8:30 a.m. Mass	Church
No Coffee Hour	Parish Hall
11:00 a.m. Mass	Church
1:00 p.m. Vietnamese Mass	Church

Mass Intentions This Week

August 11	Philip O'Loane (+)
August 12	Margaret Carroll (+)
August 13	Patrick Carroll (+)
August 14	Rocke and Westford Families (Living and deceased)

Weekly Readings

19th Sunday In Ordinary Time August 9th

1 Kings 19:4-8; Ephesians 4:30-5:2; John 6:41-51

Aug. 10	2 Cor 9:6-10; John 12:24-26
Aug. 11	Deuteronomy 31:1-8; Matthew 18:1-5,10,12-14
Aug. 12	Deuteronomy 34:1-12, Matthew 18:15-20
Aug. 13	Joshua 3:7-10, 11,13-17; Matthew 18:21-19:1
Aug. 14	Joshua 24:1-13, Matthew 19:3-12
Aug. 15	(8:30 a.m. Mass) (Assumption of the Blessed Virgin Mary) Revelation 11:19a; 12:1-6a,10ab; 1 Cor 15:20-27; Luke 1:39-56

20th Sunday In Ordinary Time August 16th

Proverbs 9:1-6; Eph 5:15-20:2; John 6:51-58



Faith Formation & Liturgy

Information and Calendars for 2009-2010: Updated information and calendars for Religious Education, for RCIA, for Confirmation, for Youth Ministry (Middle School and High School), for Sacramental Preparation (Baptisms, Weddings, etc.), for Adult Faith Formation Opportunities, etc., are being updated and loaded on to the parish website www.sacredheartbellingham.org. We hope to have it all updated by mid-August. Please check it out, and check often! If you have questions, you can always give me a call at the office. Thanks! Twi McDonell, 734-2850, Ext. 6

Interested in Exploring the Catholic Faith, have questions or aren't sure? Or are you ready to start the process to become Catholic? Then call Twi McDonell at 734-2850, Ext. 6 to set up a meeting. The process is the Rite of Christian Initiation of Adults (RCIA). We will begin our Inquiry sessions on Tuesday nights from 7-8:30 p.m. beginning September 1st in the Parish Library. free to join us!

Assumption School News

360-733-6133

Sponsor a Student: Our biggest challenge continues to be tuition assistance for families who seek a Catholic education. If you are called to sponsor a student with a tuition grant, please call Jennifer Rick or mail your pledge directly to the school. Our goal is to have twenty five \$1,000 grants for the 2009-2010 school year. Pledge installments are welcome. Will you help? Five donors have stepped forward with tuition assistance grants for the 2009-2010 school year. Any gift amount is gratefully accepted—partial grants can be combined to support the growing number of

Sacred Heart Young Professional Group

If you are single, between the ages of 23 - 45, and are interested in helping to form a Young Professional Group here at Sacred Heart, please call, Agnes Balog at 360-305-1307.

Sacred Heart's Stewardship Report

August 1 & 2, 2009



Ordinary Income

Envelopes (149)	\$7,548.48
Visitors	\$ 832.78
Children (1)	<u>\$ 1.00</u>
	\$8,382.26

Weekly Budget Need \$8,232.00

2009/2010 Fiscal year to date:

Budget:	\$428,075.00
Actual:	\$ 38,181.01

St. Vincent de Paul	\$ 491.00
Building & Grounds	\$ 56.00
Assumption School	\$ 1.00