

Sacred Heart Catholic Church - Bellingham, WA.

With Pentecost, we celebrate the gift of the Holy Spirit to the Church. There are seven gifts of the Holy Spirit that form our mind and our will to desire and obtain God Himself:

- **Wisdom** - With this gift, we see God at work in our lives and in the world. The wonders of nature, historical events, and the ups and downs of our lives take on deeper meaning.
- **Understanding** - With this gift, we comprehend how we need to live as a follower of Jesus. This person is not confused by all the conflicting messages in our culture about the right way to live. This gift perfects a person's speculative reason in the apprehension of the truths of faith.
- **Counsel (Right Judgment)** - To know the difference between right and wrong, and to choose to do what is right. A person with right judgment avoids sin.
- **Fortitude (Courage)** - With this gift, we overcome our fear and are willing to take risks as a follower of Jesus. This person is willing to stand up for what is right in the sight of God, even if it means accepting rejection, verbal abuse, or even physical harm or death. It is firmness of mind that is required both in doing good and in enduring evil, especially with regard to goods or evils that are difficult.
- **Knowledge** - With this gift, we understand the meaning of God's Revelation, especially as expressed in the life and words of Jesus Christ. A person with knowledge is always learning more about the scriptures and Tradition. The gift of knowledge is more than an accumulation of facts.
- **Piety (Reverence)** - With this gift, we have a deep sense of respect for God and the Church. A person with reverence recognizes our total reliance on God and comes before God with humility, trust, and love.
- **Fear of the Lord (Awe of God)** - With this gift, we are aware of the glory and majesty of God. A person with wonder and awe knows that God is the perfection of all we desire: perfect knowledge, perfect goodness, perfect power, and perfect love. St. Thomas Aquinas describes this gift as a "filial fear," like a child's fear of offending his father, rather than a "servile fear," that is, fear of punishment.

Which of these gifts does God wish to bestow upon you? Why does He want to increase this gift within you? How will you increase and manifest this gift in your life?

Fr. Qui-Thac Nguyen

Quo Vadis Days 2009

The Seventh Annual Three Day Vocation Camp will be held June 28 through July 1 at Camp Don Bosco. Young men aged 13-18 are invited to come and spend time with other young men looking at the Lord's call in their life while having a great time. Quo Vadis Days is led by priests and seminarians of the Archdiocese of Seattle. The cost of the camp is covered by the Serra Club and the Knights of Columbus and other generous donors.

For more information, go online at qvdays.org.

Benefit Concert

A Benefit Concert for Sacred Heart and Assumption Youth Ministry Featuring Angus McDonell and House of David, June 7, 7:00-8:30 p.m. at Fairhaven Firehouse, 1414 Harris Avenue. All proceeds go to Sacred Heart and Assumption Youth Ministry. Admission: \$25.00. Contact Angus for tickets, 733-1380, Ext. 21 or angusmc@assumption.org.

Altar Servers

Calling all those interested in becoming ALTAR SERVERS! We are setting June dates for the next round of training, don't miss out! If you're being called to serve in this ministry (or if your parents are being called for you!) please contact timbridget@gmail.com or call the Adams' 647-9579.

"Conversations with Father Bob"

This week Fr. Bob Camuso will speak of with Christian History **Professor Alberto Ferreiro** about the year of St. Paul. Also joining Fr. Bob is **Julie Linde**, who created and coordinates a high school youth program called Saints Alive. To hear the program, tune in Tuesday, June 2nd to Sacred Heart Radio KBLE AM 1050 from 5:00-6:00 p.m.

Scheduling for the Parish Directory

If you aren't able to schedule your portrait session after Mass over the weekend, you may schedule it from the Sacred Heart website. Go to sacredheartbellingham.org and choose the scheduling link. The link will be active during the week.

Offerings of Letters Update

More than 4,000 handwritten letters have come in from 35 Offerings of Letters throughout the country. Your advocacy is paying off! Our Federal Representatives have decided to move on H.R. 2139 after Memorial Day recess. That means that there is still time to move Foreign Assistance Reform Act of 2009 or H.R. 2139 reform forward.

Opportunity to Assist Yamato Worker Families

As a community we are concerned with the 38 children impacted by the Yamato raid. Families have moved in together and some live in their cars while they struggle to find work. A fund has been set up to meet basic needs for these families. Please consider contributing to the Los Ninos Fund, at Whatcom Community Foundation, 119 Grand Ave, Ste A, Bellingham, WA 98225.



Motherhood: Pregnancy is not a disease like some in the 'culture of death would have you believe. It is a power, a glory, and a privilege beyond measure. More importantly, it is a gift from God. Do not abort God's gift. Pray that all pregnant women will bring God's gift within them to full term.

May 30 & May 31

Pentecost May 31st

8:30 a.m. Mass	Church
9:45 a.m. RE & First Rec./First Comm.	P. Center
9:45 a.m. Coffee Hour	Parish Hall
11:00 a.m. Mass	Church
12:15 p.m. Bible Study	St. Augustine

Monday June 1st

Tuesday June 2nd

1:00 - 8:00 p.m. Life Touch Photography	Hall
1:30 p.m. Prayer Shawl Ministry	St. Nicholas
5:00 p.m. Reconciliation	Church
6:00 p.m. Mass	Church
7:00 p.m. Volunteer Appreciation	Hall

Wednesday June 3rd

11:00 a.m. Reconciliation	Church
12:10 p.m. Mass	Church
1:00 - 8:00 p.m. Life Touch Photography	Hall

Thursday June 4th

8:30 a.m. Staff Meeting	St. Francis
11:00 a.m. Reconciliation	Church
12:10 p.m. Mass	Church
1:00 - 8:00 p.m. Life Touch Photography	Hall

First Friday

Friday June 5th

11:00 a.m. Reconciliation	Church
12:10 p.m. Mass	Church
1:00 p.m. Adoration	Chapel
1:00 p.m. Life Touch Photography	Hall
1:15 p.m. First Friday Luncheon	Hall

First Saturday

Saturday June 6th

8:20 a.m. Benediction	Chapel
8:30 a.m. Mass	Church
10:00 - 5:00 p.m. Life Touch Photography	Hall
3:30 p.m. Reconciliation	Church
5:00 p.m. Mass	Church

Most Holy Trinity June 7th

8:30 a.m. Mass	Church
9:45 a.m. Coffee Hour	Parish Hall
11:00 a.m. Mass	Church

Mass Intentions This Week

Tues.	June 2	Inez Aikin (+)
Wed.	June 3	Monica Anne Fetty (Healing)
Thurs.	June 4	Maria & John (Intentions)
Fri.	June 5	Catharine Klontz (Intentions)

Weekly Readings

Pentecost May 31st

Acts 2:1-11; 1 Cor 12:3b-7, 12-13; Jn 15:26-27; 16:12-15

June 1	Tb 1:3, 2:1-8; Mark 12:1-12
June 2	Tb 2:9-14; Mark 12:13-17
June 3	Tb 3:1-11a, 16-17; Mark 12:18-27
June 4	Tb 6:10-11; 7:1, 9-17; 8:4-9a; Mark 12:28-34
June 5	Tb 11:5-17; Mark 12:35-37
June 6	Tb 12:1, 5-15, 20; Mark 12:38-44

Most Holy Trinity June 7th

Deut 4:32-34, 39-40; Rom 8:14-17; Matt 28:16-20

Sacred Heart ♥ Volunteer Appreciation...

**Please join us!
Tuesday, June 2nd!**

No RSVP needed... Just come!

"It all starts at 6 pm with Mass and a special blessing for all Sacred Heart Volunteers. A reception follows in the Hall. Be prepared for **FUN!!!**"

Features great jazz, Summer finger-food, and awards for the winners of "Most Wild Sunglasses" AND "Craziest Summer Shirt." Photos accepted!

Assumption Catholic School News

Last Day of school: June 10

8th Grade Graduation Mass: June 5, 7:00 p.m.

Sponsor a Student: Our biggest challenge continues to be tuition assistance for families who are seeking Catholic education. If you are called to sponsor a student with a tuition grant, please call Jennifer Rick or mail your pledge directly to the school. Our goal is to have 25 \$1,000 grants for the 2009-2010 school year. Pledge installments are welcome. Will you help? We have had two parishioners come forward so far.

Registration for 2009-10: Are you looking for a Catholic school with a strong Catholic identity, proven academic success, a quality certified faculty, and an atmosphere that promotes achievement, moral behavior, and a host of co-curricular activities? Call Assumption Catholic School (733-6133) for a tour and to meet with the principal.

Office Hours: Assumption Catholic School's regular office hours are 7:30-3:30 every Monday-Friday.

Sacred Heart's Stewardship Report May 23 & May 24, 2009



Ordinary Income

Envelopes (135)	\$ 5,245.70
Visitors	\$ 478.90
Children (1)	\$ 1.00
Total Sunday Income	\$ 5,725.60
Weekly Budget	\$ 8,097.11
Holy Day	\$ 232.00
St. Vincent de Paul	\$ 80.00
Building & Grounds	\$ 25.00