

Sacred Heart Catholic Church - Bellingham, WA.

The Feast of the Ascension of Jesus into heaven prepares us for the gifts that we need to bring Christ to the world: The Holy Spirit. The readings this week will describe the event of Jesus leaving the earth and preparing the disciples to be led by the Holy Spirit to evangelize. Next week we will celebrate Pentecost: the coming of the Holy Spirit. You know the saying, "all good things must come to an end." This sentence seems rather illogical. It's more sensible to say, "all **bad** thing must come to an end." How can it be good for good things to come to an end? It is good to have *good* things end so that *better* things can be received.

My parents and family are always harping on me for not eating enough. Always. This is especially bad when I visit my family in California. When I am in California, I am a sucker for these shops that sell "*Che*." It is a Vietnamese dessert that is like a smoothie, but fills you up like a meal (and it is healthy). I average two a day. What that means is when meal time comes around, I have no appetite whatsoever. This upsets my sister and is an insult to her cooking. I tried to fake my enjoyment of her food once, but it never flew. I ask myself, how can I justify foregoing something a good and wholesome as *Che* and still feel right? The only way to truly enjoy my sister's food is not to fill my belly with *Che*. The only way to celebrate Pentecost is to celebrate Ascension.

As good as Jesus' physical presence is, Jesus needed to go so that His Spirit is able to occupy our hearts. In our lives, we often cling on to physical goods and fail to see that the end of one thing is the beginning of something better and greater. It is good that good things come to an end because it prepares us for greater things. What is God preparing you for?
Qui-Thac Nguyen

The Parish Office will be closed on Monday, May 25th for Memorial Day

Quo Vadis Days 2009

The Seventh Annual Three Day Vocation Camp will be held June 28 through July 1 at Camp Don Bosco. Young men aged 13-18 are invited to come and spend time with other young men looking at the Lord's call in their life while having a great time. Quo Vadis Days is led by priests and seminarians of the Archdiocese of Seattle. The cost of the camp is covered by the Serra Club and the Knights of Columbus and other generous donors.

For more information, go online at qvdays.org.

Benefit Concert

A Benefit Concert for Sacred Heart and Assumption Youth Ministry Featuring Angus McDonell and House of David, June 7, 7:00-8:30 p.m. at Fairhaven Firehouse, 1414 Harris Avenue. All proceeds go to Sacred Heart and Assumption Youth Ministry. Admission: \$25.00. Contact Angus for tickets, 733-1380, Ext. 21 or angusmc@assumption.org.

Altar Servers

Calling all those interested in becoming ALTAR SERVERS! We are setting June dates for the next round of training, don't miss out! If you're being called to serve in this ministry (or if your parents are being called for you!) please contact timbridget@gmail.com or call the Adams' 647-9579.



Help put God back into our lives. Promote His Commandments; bring back respect for all life from the womb to the tomb; strengthen family structure that is the basic unit of our society and bring Judeo-Christian morals back into the way we live.

Scheduling for the Parish Directory

If you aren't able to schedule your portrait session after Mass over the weekend, you may schedule it from the Sacred Heart website. Go to sacredheartbellingham.org and choose the scheduling link. The link will be active during the week.

Update on Families Impacted by I.C.E. Raid

Good News! All the workers have been released from the Tacoma Detention Center and have been given work permits at the direction of Janet Napolitano, Director of Homeland Security. Very few of the workers have been able to secure jobs but are anxious to work to support their families. Anyone that knows of or has part or full time work for our families can contact Community to Community Development at 360-738-0893 and give your name, phone number and work needs. They will coordinate with the unemployed workers to match appropriate skills to the community members' work needs and respond as quickly as possible. Please continue to keep our neighbors in need in your thoughts and prayers.

Opportunity to Assist Our Yamato Worker Families

The generosity of our parish has been heartwarming and greatly appreciated by our families impacted by the Yamato raid. As a community we are especially concerned with the 38 children impacted by this debilitating event since their lives have changed dramatically. Families have had to move in together to cut costs while breadwinners struggle to find work. Some live in cars and others have had to sell their cars to obtain money to sustain the family. To help to alleviate some of the financial hardship, a fund has been set up under the umbrella of the Whatcom Community Foundation. The fund is called the Los Ninos Fund (the children's fund). Funds will be used to meet basic needs such as rent, utilities, transportation costs (while looking for work) and medical emergencies. Please think about contributing to this fund; checks can be sent to Whatcom Community Foundation at 119 Grand Ave. Suite A, Bellingham, WA 98225.

May 23 & May 24

Ascension Of The Lord May 24th

8:30 a.m. **Mass** Church
 9:45 a.m. RE & First Rec./First Comm. P. Center
 9:45 a.m. No Coffee Hour Shaughnessy Hall
 11:00 a.m. **Mass** Church
 6:00 p.m. SALT Upper Rm./Assumption

Memorial Day (Office Closed)

Monday May 25th

Tuesday May 26th

1:30 p.m. Prayer Shawl Ministry St. Nicholas
 5:00 p.m. Reconciliation Church
 6:00 p.m. **Mass** Church
 7:00 p.m. NCCM Parish Hall

Wednesday May 27th

11:00 a.m. Reconciliation Church
 12:10 p.m. **Mass** Church
 7:00 p.m. Confirmation Rehearsal Church
 7:30 p.m. Catholic Men's Group St. Augustine

Thursday May 28th

10:00 a.m. Parish Nurse St. Clare
 11:00 a.m. Reconciliation Church
 12:10 p.m. **Mass** Church
 1:00 p.m. Staff Meeting St. Clare
 7:00 p.m. Sacrament of Confirmation Church
 9:00 p.m. Confirmation Reception Parish Hall

Friday May 29th

11:00 a.m. Reconciliation Church
 12:10 p.m. **Mass** Church

Saturday May 30th

8:00 a.m. Sacristans Library
 8:30 a.m. **Mass** Chapel
 3:30 p.m. Reconciliation Church
 5:00 p.m. **Mass** Church

Pentecost May 31st

8:30 a.m. **Mass** Church
 9:45 a.m. RE & First Rec./First Comm. P. Center
 9:45 a.m. Coffee Hour Parish Hall
 11:00 a.m. **Mass** Church
 12:15 p.m. Bible Study St. Augustine

Mass Intentions This Week

Tues. May 26 Helen Mosher ((+))
 Wed. May 27 Barbara Haddad (Healing)
 Thurs. May 28 Monica Anne Fetty (Healing)
 Fri. May 29 Maria Grosu
 (In thanksgiving for medical results)

Weekly Readings

Ascension of the Lord

Acts 1:1-11; Ephesians 4:1-13; Mark 16:15-20

May 25 Acts 19:1-8; Jn 16:29-33
 May 26 Acts 20:17-27; Jn 17:1-11a
 May 27 Acts 20:28-38; Jn 17:11b-19
 May 28 Acts 22:30; 23:6-11; Jn 17:20-26
 May 29 Acts 25:13b-21; Jn 21:15-19
 May 30 Acts 28:16-20, 30-31; Jn 21:20-25

Pentecost

Acts 2:1-11; 1 Cor 12:3b-7, 12-13; Jn 15:26-27;
 16:12-15

Faith Formation & Liturgy

End-of-the-year-PARTY!!!!

The final RE session will be on Pentecost Sunday, May 31st from 9:45-10:45. All classes are meeting in the Library for a group gathering. You will be able to find us from the smell of cupcakes, cookies and juice packs for refreshments. The RE catechists have a series of stations with a variety of fun games.

"Thank you to Sarah and Joseph Reyes, Janell Salomon, Renee Baranek, Corinna Jones, Jim Karcher, Candice Rosenberg, Melba Tso, and Rurik Patsctick for their leadership as catechists in the Religious Education Program. A special thank you to the parents for allowing us to support your role as primary teachers of the faith!

EDGE and SALT have concluded for the year, but please check out the website for summer happenings and gatherings.

Also, to all who have a heart for Youth Ministry, please consider supporting the effort by attending the YOUTH MINISTRY FUNDRAISER at the Firehouse on June 7th. Angus McDonnell and House of David will be performing. Tickets are \$25.00 and all proceeds support Sacred Heart and Assumption Youth Ministry Programs. Tickets available after all Masses.

Extraordinary Ministers of Holy Communion will be commissioned at the Sunday Masses on Pentecost (May 30/31).

If you're interested in participating in a liturgical ministry, please check out the website for more information or call Twi McDonnell at the Parish Office.

Assumption Catholic School News

Sponsor a Student: Our biggest challenge continues to be tuition assistance for families who are seeking Catholic education. If you are called to sponsor a student with a tuition grant, please call Jennifer Rick or mail your pledge directly to the school. Our goal is to have 25 \$1,000 grants for the 2009-2010 school year. Pledge installments are welcome. Will you help? We have had two parishioners come forward so far.

Registration for 2009-10: Are you looking for a Catholic school with a strong Catholic identity, proven academic success, a quality certified faculty, and an atmosphere that promotes achievement, moral behavior, and a host of co-curricular activities? Call Assumption Catholic School (733-6133) for a tour and to meet with the principal.

Sacred Heart's Stewardship Report May 16 & May 17, 2009

Ordinary Income

Envelopes (150)	\$ 6,424.85
Visitors	\$ 479.10
Children (1)	\$ 1.00
Total Sunday Income	\$ 6,904.95
Weekly Budget	\$ 8,097.11
Budgeted income to date	\$372,467.06
Gifts received to date	\$389,284.80
St. Vincent de Paul	\$ 109.00
Building & Grounds	\$ 67.00
Assumption School	\$ 5.00

