

Sacred Heart Catholic Church - Bellingham, WA.

Fourth Sunday of Easter

In the *Soloist*, Nathaniel Ayers was a promising classical bass student at Juilliard who drops out after two years due to schizophrenia and becomes homeless. Steve Lopez, an L.A. Times columnist who stumbles upon Nathaniel, writes about him in the newspaper. Reader response was enormous and letters poured in thanking Lopez for his work. One woman was so moved that she sent her bass to Lopez for his work. The relationship develops and Lopez tries to find ways to help Nathaniel back to normal life by enlisting doctors, health professionals and professional musicians. As the story of Nathaniel unfolds in the newspaper, individuals as well as government responded heroically to the problem of homelessness and mental health including a response from the mayor of L.A. who promised to pour millions into this particular section of the city. However, Lopez soon finds out that every effort he makes backfires and Lopez has to deal with sobering disappointments and setbacks. Lopez is tempted to give up. Lopez's ex-wife and Nathaniel himself question Lopez's motives. Was everything done out of love for Nathaniel or himself?

Kind acts, in and of themselves, do not constitute a morally good act. Selfish motives can render a good act into an act that is morally reprehensible. Like Steve Lopez, we are always in need of purifying our motives. There is only one man whose motives can never be put in question: Jesus, the Good Shepherd. Jesus tells us in the Gospel, "*I am the good shepherd ...and I will lay down my life for my sheep.*" In the life, death, and resurrection of Jesus, we have found solid proof of his love and pure motives. Jesus is our light. Jesus is our standard. May God give us the grace to imitate Jesus and love one another as Jesus loves. Fr. Qui-Thac Nguyen

Happy Mother's Day

Annual Catholic Appeal Message

Your gift to the Annual Catholic Appeal will help provide the much needed resources to thousands of individuals this year. As we are faced with the challenging economic times, be aware that some of your fellow parishioners will not be able to financially support the appeal this year. If you are in a position to do so, I ask that you consider an increase in your gift this year to make up for those who can't. Your gift to the Annual Catholic Appeal is making a difference in someone's life today. Please join me in supporting the Appeal by returning your pledge envelope today.

Check new Parish Hall floor.

Thank You

We express our sincere thank you to Father Qui-Thac and the Sacred Heart parishioners for prayers and kindness in the untimely passing of our brother David. God bless you all. Rick and Maggie Huston.

Thank You

I would personally like to thank all of the people who staff the parish nurse office throughout the year. They are responsible for calling all the ill of our parish each week. I am grateful that they are all willing to give of their time to do this important task. I would also like to thank all the card ministers who address cards to all the homebound and all the extended care facilities. People who have received them have expressed their gratitude that Sacred Heart has not forgotten them.

The other group I need to thank are the women who design the flowers every week throughout the year for the parishioners to enjoy. The arrangements are beautiful and we are lucky to have such talented people. Mary Spencer.

Parish Nurse Office Hours

The parish nurses will not be having office hours after May 28th. This service will be resumed after Labor Day.

Vacation Church School June 22-26

VCS provides programming for age 4 through grade 6. Youth in grades 7 through 12 next year are encouraged to volunteer in the program. Vacation Church School is a cooperative effort of Assumption, First Christian, First Congregational, St. James, Sacred Heart and Garden Street Methodist churches. It is held at First Christian Church, 495 E. Bakerview Rd. Enrollment is limited, so please register early. Registration begins April 19th and closes May 20th. Registration forms are available in the back of the church and on Sacred Heart website: www.sacredheartbellingham.org. Please contact Jennifer Rick, 647-2374, or at Jennifer.rick@comcast.net, if you want to help with this wonderful ministry.

Catholic Daughters Bake Sale

The members of the Catholic Daughters of the Americas will host their annual bake sale in Shaughnessy Hall on Sunday, May 3rd after both Masses. The Knights of Columbus will be serving coffee.

Dine out for Maple Alley Inn

"Dine out" for breakfast, lunch and dinner Tuesday, May 5, and be an active part of raising money for people in need. Forty Bellingham restaurants will donate a percentage of their sales that day to Maple Alley Inn, an Opportunity Council program that serves hot nutritious meals to anyone who is hungry. This program operates two days a week. Your participation will help raise support for Maple Alley Inn during a time of increasing need. Go to www.opcp.org/dineout. A list of participating restaurants will available at S.H. Office.



If it is necessary to go against the current of what is sometimes thought and said on all sides, then let us never grow weary of repeating it: all human life must be absolutely protected; in fact abortion and euthanasia are murder.

May 2 & May 3

4th Sunday of Easter May 3rd

8:30 a.m. **Mass** Church
 9:45 a.m. RE & First Rec./First Comm. P. Center
 9:45 a.m. Coffee Hour Hall
 9:45 a.m. Catholic Daughters' Bake Sale Hall
 11:00 a.m. **Mass** Church
 12:00 p.m. Catholic Daughters' Bake Sale Hall
 12:15 p.m. Bible Study St. Augustine
 6:00 p.m. SALT Upper Rm./Assumption

Monday May 4th

7:00 p.m. Edge Assumption Gym

Tuesday May 5th

1:30 p.m. Prayer Shawl Ministry St. Nicholas
 5:00 p.m. Reconciliation Church
 6:00 p.m. **Mass** Church
 7:00 p.m. SHALOM Mom's Group St. Nicholas
 7:00 p.m. Pax Christi Shaughnessy Hall
 7:00 p.m. RCIA Chapel

Wednesday May 6th

11:00 a.m. Reconciliation Church
 12:10 p.m. **Mass** Church
 7:00 p.m. Confirmation Prep. Shaughnessy Hall

Thursday May 7th

10:00 a.m. Parish Nurse St. Clare
 11:00 a.m. Reconciliation Church
 12:10 p.m. **Mass** Church
 6:00 p.m. 8:30 Choir Church

Friday May 8th

11:00 a.m. Reconciliation Church
 12:10 p.m. **Mass** Church

Saturday May 9th

8:30 a.m. **Mass** Chapel
 3:30 p.m. Reconciliation Church
 5:00 p.m. **Mass** Church

5th Sunday of Easter May 10th

8:30 a.m. **Mass** Church
 9:45 a.m. RE & First Rec./First Comm. P. Center
 9:45 a.m. No Coffee Hour Shaughnessy Hall
 11:00 a.m. **Mass** Church
 6:00 p.m. SALT Upper Rm./Assumption

Mass Intentions This Week

Tues. May 5th George Sundborg (+)
 Wed. May 6th Betty King (+)
 Fri. May 8th Robert Trimble (+)

Weekly Readings

4th Sunday of Easter

Sun. May 3 Acts 4:8-12; 1Jn 3:1-2;
 Jn 10:11-18
Mon. May 4 Acts 11:1-18; Jn 10:1-10
Tues. May 5 Acts 11:19-26; Jn 10:22-30
Wed. May 6 Acts 12:24-13:5a; Jn 12:44-50
Thurs. May 7 Acts 13:13-25; Jn 13:16-20
Fri. May 8 Acts 13:26-33; Jn 14:1-6
Sat. May 9 Acts 13:18-24; Jn 14:7-14
5th Sunday of Easter
Sun. May 10 Acts 9:26-31; 1 Jn 3:18-24; Jn 15:1-8

Faith Formation & Liturgy

Please congratulate our First Holy Communion students who received their First Holy Communion on Saturday morning, May 2nd. You will notice them at Mass and at Coffee Hour in their beautiful First Holy Communion attire.

To our wonderful liturgical ministers: it will soon be time to create the June, July, and August schedule. Please e-mail Christina Nichols by May 8th at c.t.nichols@comcast.net to let me know if there are dates on which you are unable to serve at Mass. Please include in your message which Mass or Masses you serve at and your ministry. Thank you all for your faithful service to Sacred Heart.

II Tuesday Faith Formation Program is a panel that will be discussing the topic **Economic Difficulties\$: How my reason and my Catholic Faith Lead Me Forward**. Check out the enclosed flyer.

Please keep our high school students who are preparing for Confirmation in your prayers. Confirmation Liturgy is scheduled for Thursday, May 28th at 7:00 p.m. with a reception to following.

Project Rachel

A new research study finds a link between abortion and psychiatric disorders. The research team found that induced abortions result in increased risks for a myriad of mental health problems ranging from anxiety to depression to substance abuse disorders. (Journal of Psychiatric Research, 2008) If abortion has touched your life, we pray that you may find the strength to seek out reconciliation and healing on a Rachel's Vineyard Retreat and that God may bless you with his peace. The next English retreat is May 15-17, 2009. Call Valerie: 1-800-822-HOPE (4673). You are loved with an everlasting Love!

Assumption School News 733-6133

Thank you for all of your support . Our Fun Run was very successful and our auction net proceeds came in only 2% less than budgeted! Our enrollment is also strong. We have exceeded our enrollment goal. Thank you for your prayers and support! .

Registration for 2009-2010: Are you looking for a Catholic school with a strong Catholic identity, proven academic success, a quality certified faculty, and an atmosphere that promotes achievement, moral behavior, and a host of co-curricular activities? Call Assumption Catholic School (733-6133) for a tour and a meeting with the principal.

Sacred Heart's Stewardship Report April 25 & April 26, 2009



Envelopes (147)	\$ 5,996.00
Visitors	\$ 607.66
Children (2)	<u>\$ 2.00</u>
Total Sunday Income	\$ 6,605.66
Weekly Budget Need	\$ 8,097.11
Easter	\$ 100.00
St. Vincent de Paul	\$ 64.00
Building & Grounds	\$ 42.00
Assumption School	\$ 70.00