

Sacred Heart Catholic Church - Bellingham, WA.

Fourth Sunday in Lent

Could you imagine being blind? What would your life be like? I was in Lacey with the Benedictines a few weeks back. In the evening, I have a ritual of doing some reading, examination of conscience and night prayer before I sleep. On this particular trip, I had forgotten to pack my spectacles. I only found this out after I took my contacts out and placed them in the *Clear Care* solution. If you know anything about this type of solution, you cannot put these contacts back in your eyes until they have been stored for six hours, otherwise, you will burn your eyeballs. Without my contacts or glasses, I am as blind as a bat! I struggled to read placing the book within centimeters of my nose. After ten minutes of this charade, I gave up. I did a fast and frustrated examination of conscience, rolled over and went to bed. Without my vision, I was helpless. Seeing things blurry was bad enough, I cannot imagine being completely blind. I would never be able to function.

This week's readings (also Gospel for scrutiny) speak about vision and light: *"the light (Jesus) came into the world, but people preferred darkness to light"*, *"Brothers and sisters: You were once darkness, but now you are light in the Lord. Live as children of light."* The faith we have in the Church and in Christ is like being exposed to light and receiving the ability to see. Without Jesus, all things are blurry, chaotic, confusing, and dysfunctional. Seeing the "soul of the world" in Christ and seeing Christ in those around us is to see a new possibility and a whole new way of living. Do you see it? Fr. Qui-Thac Nguyen

Fr. Qui-Thac will be on a Mission Trip to Tijuana with the Newman students from March 23-27.

Fr. David Mulholland will celebrate Mass on March 24, 25.

There will be no 12:10 Mass at Sacred Heart Thursday, March 26 and Friday, March 27. There will be no 8:30 a.m. Mass on Saturday March 28.

March 26, 27, Mass at Assumption Church at 10:30 a.m.

Bellingham Food Bank "Milk Money" Program

During March, Sacred Heart will sponsor the Food Bank "Milk Money" program. With your donations the Food Bank will purchase milk for families, most of whom have children. You may place your donation in the lovely milk can located in the foyer of the church, or mail or give your donation to the Parish Office. Checks should be made out to the Bellingham Food Bank.

Lenten Fish Fry

The Knights of Columbus and Catholic Daughters are offering a Lenten Fish dinner on Friday, March 27th, at 5:30 p.m. at Shaughnessy Hall. Donations will be accepted at the door. Call Dick Banning 671-1672 for more information.

Sunday, March 29th, Polish Confessions, Mass & Potluck



Polish Confessions	Church, 4:00 p.m.
Polish Mass	Church, 5:00 p.m.
Polish Potluck	Hall, 6:00 p.m.

Operation Rice Bowl

As we continue our Operation Rice Bowl journey let us remember in **prayer** that we are called to be good stewards of what has been entrusted to us. May our **fasting** keep us mindful of those who have no clean water. May our **almsgiving** assist Catholic Relief Services. The Rice Bowls will be collected and blessed at each Mass during the weekend of March 28th and 29th.

Offering of Letters

We have asked that you consider writing letters to your representatives in Congress, drawing their attention to the outdated US foreign aid bill, written in 1961, and asking that the process be simplified and the money allocated more effectively. After all Masses this weekend, the Social Justice Committee will be at a table outside church with more information. Reminder: please bring your completed letters to church the weekend of March 28th and 29th, Those collected will be brought to the altar and blessed by Fr. Qui-Thac, then mailed to Washington D.C.

Vacation Church School June 22-26

VCS provides programming for age 4 through grade 6. Youth in grades 7 through 12 next year are encouraged to volunteer in the program in a variety of ways. Vacation Church School is a cooperative effort of Assumption, First Christian, First Congregational, St. James, Sacred Heart and Garden Street churches. It is held at First Christian Church, 495 E. Bakerview Rd. Enrollment is limited, so please register early. Registration begins April 19th and closes May 20th. Watch for registration forms next month. Please contact Jennifer Rick at 647-2374 or Jennifer.rick@comcast.net if you want to volunteer and help with this wonderful ministry.



Thank You

Suds and Spuds was a great success. Thank you to All who helped and participated. More information to come next week.



Is abortion a right 'choice'? Having freedom to choose whether or not an unborn person is to be killed is not a right that can be justified morally or legally. No one has the right to destroy the life of another person. Pray to end abortion.

March 21 & March 22

Fourth Sunday Of Lent

2 Chron 36:14-16, 19-23, Eph 2:4-10, Gospel (John 3:14-21)

Mar. 22	8:30 a.m.	Mass	Church
Sun.	9:45 a.m.	RE/F. Comm./ F. Rec.	Parish Center
	11:00 a.m.	Mass	Church
	9:45 a.m.	Coffee Hour	Shaughnessy Hall
	12:15 p.m.	Bible Study	St. Augustine
	6:00 p.m.	SALT	Upper Room/Assumption

Toribio de Mogrovejo, bishop, Gospel: (John 4:43-54)

Mar. 23		No Mass	
Mon.	7:00 p.m.	EDGE	Assumption Gym

Gospel: (John 5:1-16)

Mar. 24	12:10 p.m.	Lectio Divina	Winter Chapel
Tues.	1:30 p.m.	Prayer Shawl Min.	St. Nicholas Room
	6:00 p.m.	Mass (John Zankich)	Church
	6:45 p.m.	Soup Night	Shaughnessy Hall
	7:00 p.m.	Theology of the Body	Shaughnessy Hall

The Annunciation of the Lord

Gospel: (Luke 1:26-38)

Mar. 25	12:10 p.m.	Mass (Helen Mosher) (+)	Chapel
Wed.	7:00 p.m.	8:30 Choir	Shaughnessy Hall
	7:00 p.m.	Confirmation Preparation	Hall
	7:30 p.m.	Catholic Men's Group	St. Augustine

Gospel: (John 5:31-47)

Mar. 26	10:00 a.m.	Parish Nurse	St. Clare Room
Thurs.	12:10 p.m.	No Mass	Chapel
	1:00 p.m.	Staff Meeting	St. Francis

Gospel: (John 7:1-2, 10, 25-30)

Mar. 27	11:15 a.m.	No Reconciliation	Church
Fri.	12:10 p.m.	No Mass	Church
	1:00 p.m.	Lenten Friday Adoration	Church
	5:30 p.m.	K.O.C. Fish Fry	Shaughnessy Hall
	7:00 p.m.	Stations of the Cross	Church
		Benediction after Stations of the Cross	

Jeremiah 31:31-34, Heb 5:7-9, Gospel (John 12:20-33)

Mar. 28	8:30 a.m.	No Mass	Winter Chapel
Sat.	3:30 p.m.	Reconciliation	Church
	5:00 p.m.	Mass	Church

Fifth Sunday Of Lent

Jeremiah 31:31-34, Heb 5:7-9, Gospel (John 12:20-33)

Mar. 29	8:30 a.m.	Mass	Church
Sun.	9:45 a.m.	RE/F. Comm./ F. Rec.	Parish Center
	9:45 a.m.	Coffee Hour	Shaughnessy Hall
	11:00 a.m.	Mass	Church
	6:00 p.m.	SALT	Upper Room/Assumption

Wine Gala April 18

Mark your calendar for the 5th annual Knights of Columbus Wine Gala, to be held on Saturday, April 18, at Assumption Gym. This year's event will introduce some new wines from around the world in addition to some standard favorites. Hors d'oeuvres, musical entertainment, babysitting. Tickets available at church for \$25. All for a good cause: the Newman Center

Thank you to Patrick Sherrard for presenting Theology of the Body and the Celibate Life. Also, thank you to the Mom's Group for making such wonderful, tasty soups!

The Tuesday Prayer Shawl Ministry will prepare the soup this Tuesday.

Mass and Soup Supper with Fr. Dave

This upcoming Tuesday night, March 24th, the talk will move from the Theology of the Body theme and start moving us towards Holy Week and Triduum. This week, Fr. Dave Mulholland will be speaking about Jesus! He will also preside at the 6:00 p.m. Mass that night.

If you are interested in supporting the liturgy through music, please contact Twi McDonnell or Emily Dayton at 734-2850. We are especially looking for tenors and basses!

Calling all 3rd, 4th, and 5th Grade Religious Education Students. These students will be our readers for Stations of the Cross on April 3rd, 2009 at 7:00 p.m. We invite our parish to make time for this devotion and join our young parishioners as they walk the Way of the Cross.

Marriage Encounter

The greatest gift you can give your children is two parents very much in love with each other. Polish up this gift and put a bow on it at a Worldwide Marriage Encounter Weekend. You deserve the best, and your children need to see you reaching for it. For more information contact Kay and Mike Gougeon, 671-6955.

Assumption Pre-School: Assumption offers morning and afternoon programs for both 3-year-olds and 4-year-olds. Contact the school to learn more. Save the date - - **March 25** is our Pre-School Open House!

Registration for 2008-09: Are you looking for a Catholic school with a strong Catholic identity, proven academic success, a quality certified faculty, and an atmosphere that promotes achievement, moral behavior, and a host of co-curricular activities? Call Assumption Catholic School (733-6133) for a tour and a meeting with the principal. If you would like to donate toward our tuition assistance fund call Jennifer Rick, Director of Development, at 733-6133.

Office Hours: Assumption Catholic School's regular office hours are 7:30-3:30 every Monday-Friday.

Sacred Heart's Stewardship Report March 14 & March 15, 2009

Envelopes (159)	\$ 6,515.00
Visitors	\$ 648.30
Children (2)	<u>\$ 10.00</u>
Total Sunday Income	\$ 7,173.30
Weekly Budget Need	\$ 8,097.11

Ash Wednesday	\$ 20.00
St. Vincent de Paul	\$ 372.00
Building & Grounds	\$ 232.00
Assumption School	\$ 10.00